



Aviva DigiCare+ and DigiCare+ Workplace apps

Provided by Square Health and available to eligible individual protection policies (your financial adviser will advise on eligibility) and all group protection policies.

In 2022...

Digital GP appointments

Some of the **top reasons for booking appointments** were due to:

- ✓ **skin complaints** including moles and other skin lumps
- ✓ **joint and muscular problems** including sprains and strains
- ✓ **colds/flu** and minor infections
- ✓ **children's health.**



Percentage of appointments
booked within 24 hours was

99%



of feedback responders said **the expert dealt with their query in full.**

Mental health consultations

The **primary reasons** for **booking an appointment** were for

anxiety, depression or low mood symptoms.



Percentage of appointments available
within 48 hours was

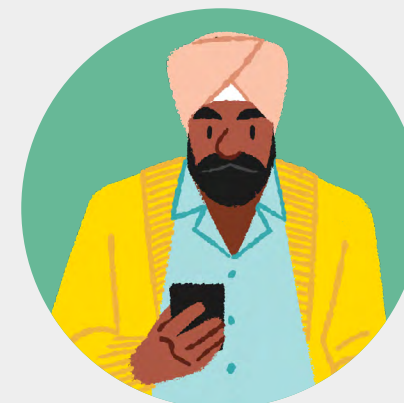
100%



of users were **aged under 45** and



of users were **women.**



Since launch in **September 2020**, we've had **more than**

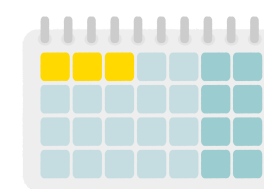
160,000
registrations
for the app.

Nutritional consultations



72% of appointments were for **females** and **28%** were for **males**

100%
of appointments were **available within 2 working days** from initial engagement.



100%
of nutritional reports were **provided to the customer within 5 working days.**

46%
increase in health check assessments ordered from 2021 to 2022



76%

of completed health checks showing

high cholesterol levels.

66% of returned health checks showed **poor liver health.**

To find out more about DigiCare+ and DigiCare+ Workplace please speak to your financial adviser or employer.

The Aviva DigiCare+ and DigiCare+ Workplace app is a non-contractual benefit that can be changed or withdrawn at any time. Terms and conditions apply, including residential restrictions, please see the app for more details.

All figures based on data provided by Square Health from January - December 2022, except registrations since launch which is based on data from September 2020 - December 2022.

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