

For employer use only. Not for use with employees.



# Help your people live their best lives with **Aviva DigiCare+ Workplace**

Having a healthy, happy workforce is good for your employees, good for you, and good for your business.

Alongside your Group Protection policy, your insured employees get access to Aviva DigiCare+ Workplace, which is provided by Square Health.

This health and wellbeing app can help your employees stay healthy and happy. The services available can help them identify issues quickly, get help early, and make it easier to manage symptoms.



## What do you get with Aviva DigiCare+ Workplace?

- ✓ **Annual Health Check** – a fingerprick test looking at 20 different markers to spot health concerns
- ✓ **Digital GP** – quick and convenient appointments with a private GP
- ✓ **Mental Health Consultations** – mental health and bereavement support when your employees need it
- ✓ **Nutritional Consultations** – advice from a trained nutritionist to support a variety of goals
- ✓ **Second Medical Opinion** – another look from a specialist at a medical diagnosis and treatment recommendation

**Extra consultations available** with some services when you hold more than one policy.

**Through the Aviva DigiCare+ Workplace app, your employees also get:**

- access to our **Wellbeing Library**, which offers helpful support on all kinds of situations
- discounts on products and services, including gym membership, through **Get Active**

All services above are non-contractual benefits, which Aviva can change or withdraw at any time. Users must be permanent residents of Great Britain, Northern Ireland, the Channel Islands, or Isle of Man.

**Terms and usage limits may apply.**

# Setting up access is easy

Access for you and your employees isn't automatic, but it's easy to set up. First you'll need to nominate a person at the company who will manage employee access through an easy-to-use Customer Portal. Then all you need to do is email the following information to us at [digicare@aviva.com](mailto:digicare@aviva.com)

- 1 **Scheme name**
- 2 **Scheme number**
- 3 **Name, email address and telephone number of your nominated person**
- 4 **Product activation date**  
(the earliest date on which you'd like your employees to receive an invitation to download the app)

Email [digicare@aviva.com](mailto:digicare@aviva.com)



We'll then pass the details to Square Health. They'll give your nominated person access to the Customer Portal, where they can upload the email address for insured employees.

If you hold more than one Group Protection policy, you'll need to upload details for each policy. This makes sure employees covered by more than one policy get increased usage limits on some services.

After that, each employee will get an email inviting them to download and log in to the app.

## Find out more

Our guides explain more about the [Customer Portal and data upload](#) process and [data protection](#).

To find out more about the app and the services available, visit your Employer Hub or [aviva.co.uk](http://aviva.co.uk), or speak to your financial adviser or usual Aviva contact.



## It takes Aviva and you to help your employees live their best life.

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