



Get Active

Taking the weight off your **wallet**

Get Active is available if you're insured under your employer's Group Protection policy, helping you stay fit and healthy with discounts for online workouts and more than 3,000 health and fitness clubs nationwide. It also offers you a variety of discounted products and services... all designed to help you and your family get active and stay healthy.

It takes Get Active. It takes Aviva.

You can read the terms and conditions and the privacy policy online before signing up. This service is a non-contractual benefit Aviva can change or withdraw at any time.

Available to employees who are permanent residents of Great Britain, Northern Ireland, the Channel Islands or the Isle of Man.

Get Active from Aviva

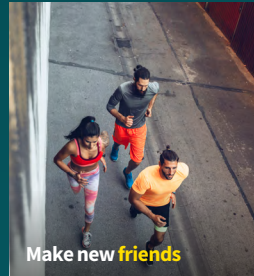
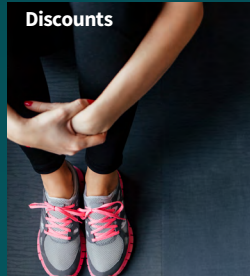
Find out more at
aviva.co.uk/gci-ga-flyer

You can access all of the offers and discounts included within Get Active using Access Code: **GPPRTC**



Get physical without straining your finances - at home or at the gym!

Inside or outside the home, looking after your health and fitness is important. With Get Active, you can get discounts at over 3,000 health and fitness clubs across the UK, as well as at-home fitness products and online workouts.



✔ Get fitter, happier and healthier

Regular exercise - inside or outside the home - builds confidence and helps you feel good about yourself. It could also help combat disease, prevent weight gain, improve your energy levels and reduce the risk of stress and anxiety.

✔ Healthy discounts

Enjoy great savings on a variety of products and services to help you get active and keep healthy. From gym memberships to online work-outs, from at home fitness and to a variety of other products and services to help you enhance a healthy lifestyle, there's something for everyone.

✔ Get fit and make new friends

Looking after your fitness can offer many great social benefits too, helping to keep you motivated and on track, while opening up opportunities to build a wider circle of friends - online as well as at a health club or gym.

✔ Cancer care with Get Active

Benefit from savings on products and services that can help make a small difference if you or someone close to you is living with cancer. You can access to discounted products and services that can help with the daily living adjustments a cancer diagnosis and treatment can bring, as well as offers on services and experiences that may enhance quality time spent with family and close friends.

Find out more at
[aviva.co.uk/gci-ga-flyer](https://www.aviva.co.uk/gci-ga-flyer)

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GR06427b 10/2022 (62262)

