

Aviva DigiCare+ Workplace

# The doctor will see you now



## Digital GP Fast access to advice when you need it

Sometimes, it makes a big difference to your peace of mind if you can speak to a doctor without having to wait for days. That's why Digital GP is available from 8am to 8pm, 7 days a week, to make it easier for you to get an appointment when you need one. It takes Aviva.

Digital GP, included within Aviva DigiCare+ Workplace, is designed to complement existing NHS treatment. It offers swift and convenient access to GP video consultations and repeat NHS prescriptions, with appointments lasting up to 20 minutes (which includes time for the GP to write up notes). Aviva Digital GP effectively gives you a GP in your pocket.

**Download the Aviva DigiCare+ Workplace app and you'll be able to access all of these Digital GP benefits:**

### The benefits of Digital GP

- ✓ **Speak to a doctor** quickly with a video appointment
- ✓ **Share your appointments** with your eligible family members. You can check your allowances in-app.
- ✓ **Choice of GP** based on your needs and the GP's profile. You can also see the same GP who you've seen previously via the app, within the last six months.
- ✓ **If you need a prescription**, a fit note, recommendation or referral for specialist treatment, this can follow on from your appointment. Medication and next day delivery charges will apply.
- ✓ **Talk to a UK doctor** when you're abroad.

This service is available to you if you're eligible through your employer's Group Protection Policy and is a non-contractual benefit Aviva can change or withdraw at any time. Terms and conditions and the privacy policy for Aviva DigiCare+ Workplace can be viewed in-app. To be eligible for DigiCare+ Workplace employees must be permanent residents of Great Britain, Northern Ireland, the Channel Islands, or the Isle of Man. Aviva DigiCare+ Workplace is provided by Square Health.



## Download the Aviva DigiCare+ Workplace app from the App Store or Google Play.

Instructions on how to register can be found within your registration email. If you no longer have this email or have further questions about this service, contact your HR team who can arrange for it to be resent to you.

## Need this in a different format?

Please get in touch if you'd prefer this flyer (**GR06311 05/2026**) in large print, audio, or in a different colour.

## How to contact us



0800 068 3827



[aviva.co.uk](mailto:aviva.co.uk)

Our opening hours are **Monday to Friday, between 9.00am and 5.00pm.** For your protection and ours, calls to and from Aviva may be recorded and/or monitored.

Calls to 0800 numbers from UK landlines and mobiles are free of charge. Calls from outside the UK may be charged at international rates.