



If you need to talk
**we're here
to listen**

Employee Assistance Programme

Provided by HealthHero



Contact
a qualified counselling
team, 24/7



Find support with money
matters, family crises or
everyday stresses



Access up to eight booked sessions
of counselling per year, where
clinically appropriate



Accessed through your employer's Aviva Group Protection policy - **no charge to you**

Wellbeing services are non-contractual benefits which Aviva can change or withdraw at any time Terms and residency restrictions apply.

Call 0800 015 5630

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GR061044B 06/2026 64343