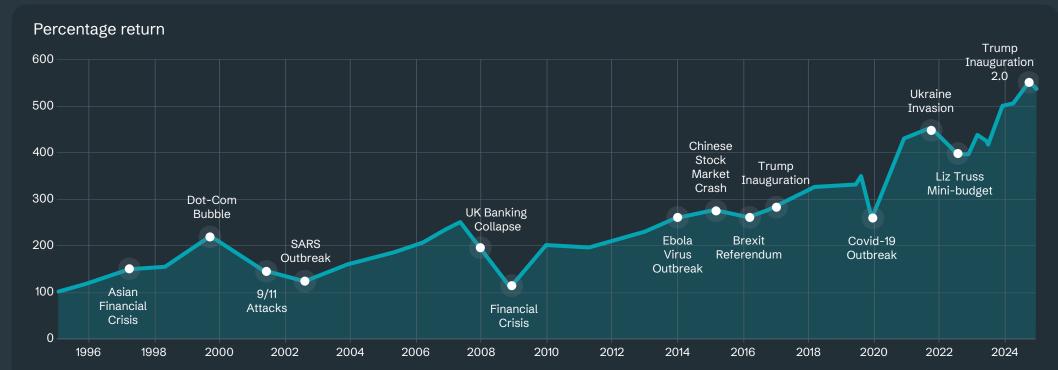
Investment Explainers



Why invest over the long term

Over the past 30 years, markets have seen a number of world events – both good and bad. Though it is impossible to predict how well or quickly markets bounce back from turbulence, there has been an overall upward trend over this time period.



Source: Aviva Investors, MSCI ACWI from January 1995 - April 2025

Past performance is not a reliable indicator of future performance. The information provided is for illustrative purposes only and should not be construed as an investment recommendation.



Key takeaways

- Global markets have trended upwards over the past 30 years
- · Don't be put off by short-term market volatility
- Stock market investments should be viewed as medium-to-long term investments

Important information



THIS IS A MARKETING COMMUNICATION

- Past performance is not a reliable indicator of future performance.
- The value of an investment and any income from it can go down as well as up. Investors may not get back the original amount invested.
- The information provided is for illustrative purposes only and should not be construed as an investment recommendation.

Except where stated as otherwise, the source of all information is Aviva Investors Global Services Limited (AIGSL). Unless stated otherwise any views and opinions are those of Aviva Investors. They should not be viewed as indicating any guarantee of return from an investment managed by Aviva Investors nor as advice of any nature. Information contained herein has been obtained from sources believed to be reliable but, has not been independently verified by Aviva Investors and is not guaranteed to be accurate. Past performance is not a guide to the future. The value of an investment and any income from it may go down as well as up and the investor may not get back the original amount invested. Nothing in this material, including any references to specific securities, assets classes and financial markets is intended to or should be construed as advice or recommendations of any nature. This material is not a recommendation to sell or purchase any investment.

In the UK this is issued by Aviva Investors Global Services Limited. Registered in England & Wales No. 1151805. Registered Office: 80 Fenchurch Street, London, EC3M 4AE. Authorised and regulated by the Financial Conduct Authority. Firm Reference No. 119178.

761200 - 30/06/2026

Contact us

80 Fenchurch Street, London EC3M 4AE enquiries.uk@avivainvestors.com avivainvestors.com