

## Friends Life and Pensions Limited

(formerly Friends Provident Pensions Limited)

Annual Return as at 31st December 2011

Pursuant to the Interim Prudential Sourcebook

# Appendices 9.1, 9.3, 9.4 and 9.6

PRINCIPAL AND HEAD OFFICE: PIXHAM END, DORKING, SURREY, RH4 1QA

### **Friends Life and Pensions Limited**

#### Year ended 31st December 2011

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#### Statement of solvency - long-term insurance business

Name of insurer	Friends	Life and Pensions	Limited				
Global business							
Financial year ended	31 Dece	ember 2011					
Solo solvency calculation		Company registration number	GL/ UK/ CM	day	month	year	Units
	R2	475201	GL	31	12	2011	£000
			s at er is fina yea	ncial	As at end of the previous year		
					1		2
Capital resources			<u>-</u>				
Capital resources arising within the long-ter	rm insuranc	ce fund	11			93539	131015
Capital resources allocated towards long-te outside the long-term insurance fund	erm insuran	ce business arising	12			157624	124572
Capital resources available to cover long-te resources requirement (11+12)	erm insuran	ce business capital	13			251163	255587
Guarantee fund							
Guarantee fund requirement			21			41812	54436
Excess (deficiency) of available capital resorrequirement	ources to co	over guarantee fund	22			209351	201151
Minimum capital requirement (MCR)							
Long-term insurance capital requirement			31			125435	163308
Resilience capital requirement			32				15000
Base capital resources requirement			33			3056	3040
Individual minimum capital requirement			34			125435	178308
Capital requirements of regulated related u	ndertakings	3	35				
Minimum capital requirement (34+35)			36			125435	178308
Excess (deficiency) of available capital reso	ources to co	over 50% of MCR	37			188446	166433
Excess (deficiency) of available capital reso	ources to co	over 75% of MCR	38			157087	121856
Enhanced capital requirement							
With-profits insurance capital component			39				
Enhanced capital requirement	Enhanced capital requirement					125435	178308
Capital resources requirement (CRR)							
Capital resources requirement (greater of 3	6 and 40)		41			125435	178308
Excess (deficiency) of available capital resonance business CRR (13-41)	ources to co	over long-term	42			125728	77279
Contingent liabilities							
Quantifiable contingent liabilities in respect as shown in a supplementary note to Form		m insurance business	51				

Form	2
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Signed on behalf of Friends Life Secretarial Services Limited

Covering Sheet to Form 2		
Name of insurer	Friends Life and Pensions Limited	
Global business		
Financial year ended	31 December 2011	
		E.B. Bourke
		Director
		•
		A.M. Parsons
		Director
		V. Hames

Date: 20th March 2012

#### Components of capital resources

Total tier one capital after deductions (31-37)

Name of insurer Friends Life and Pensions Limited Global business 31 December 2011 Financial year ended Company GL/ registration number UK/ CM Units day month year 475201 R3 GL 31 2011 £000 12 General Long-term Total as at Total as at insurance the end of the end of insurance business business this financial the previous year year 3 Core tier one capital Permanent share capital 50000 50000 50000 Profit and loss account and other reserves 12 453660 453660 459043 Share premium account 13 14 Positive valuation differences Fund for future appropriations 15 Core tier one capital in related undertakings 16 Core tier one capital (sum of 11 to 16) 19 503660 503660 509043 Tier one waivers Unpaid share capital / unpaid initial funds and calls for 21 supplementary contributions 22 Implicit Items 23 Tier one waivers in related undertakings Total tier one waivers as restricted (21+22+23) 24 Other tier one capital Perpetual non-cumulative preference shares as restricted 25 Perpetual non-cumulative preference shares in related 26 undertakings Innovative tier one capital as restricted 27 Innovative tier one capital in related undertakings 28 Total tier one capital before deductions 31 503660 503660 509043 (19+24+25+26+27+28) Investments in own shares 32 Intangible assets 33 Amounts deducted from technical provisions for discounting 34 Other negative valuation differences 35 12850 12850 5220 Deductions in related undertakings 36 Deductions from tier one (32 to 36) 37 12850 12850 5220

39

490810

503823

490810

(61-62-63)

#### Components of capital resources

Name of insurer **Friends Life and Pensions Limited** Global business 31 December 2011 Financial year ended Company GL/ registration number UK/ CM Units day month year 475201 R3 GL 31 2011 £000 12 General Long-term Total as at Total as at insurance insurance the end of the end of business business this financial the previous year year 1 2 3 Tier two capital Implicit items, (tier two waivers and amounts excluded from line 41 Perpetual non-cumulative preference shares excluded from line 42 43 Innovative tier one capital excluded from line 27 Tier two waivers, innovative tier one capital and perpetual noncumulative preference shares treated as tier two capital (41 to 44 Perpetual cumulative preference shares 45 Perpetual subordinated debt and securities 46 47 Upper tier two capital in related undertakings Upper tier two capital (44 to 47) 49 51 Fixed term preference shares Other tier two instruments 52 Lower tier two capital in related undertakings 53 Lower tier two capital (51+52+53) 59 Total tier two capital before restrictions (49+59) 61 Excess tier two capital 62 Further excess lower tier two capital 63 Total tier two capital after restrictions, before deductions

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#### **Components of capital resources**

Sum of financial engineering adjustments (91+92-93+94+95)

Name of insurer	Friends Life and Pensions Limited							
Global business								
Financial year ended	31 Dece	əmber 2	:011					
		Company registratio number		GL/ UK/ CM	di	ay month	h year	Units
	R3	475	5201	GL	31	12	2011	£000
				General insurance business	Long-te insurar busine	nce	Total as at the end of this financial year	Total as at the end of the previous year
Total capital resources				1 1			<u></u>	<del>4</del>
Positive adjustments for regulated non-insura undertakings	ance relate	<del>i</del> d	71					
Total capital resources before deductions (39+69+71)	<b>;</b>		72		49	90810	490810	503823
Inadmissible assets other than intangibles an	nd own sha	ares	73		23	39647	239647	248236
Assets in excess of market risk and counterp	party limits		74					
Deductions for related ancillary services under	ertakings		75					
Deductions for regulated non-insurance relate	ed underta	akings	76					
Deductions of ineligible surplus capital		_!	77	<u> </u>		1		
Total capital resources after deductions (72-73-74-75-76-77)			79		25	51163	251163	255587
Available capital resources for GENPRU/INSP	PRU tests							
Available capital resources for guarantee fund	ıd requirem	nent	81		25	51163	251163	255587
Available capital resources for 50% MCR req			82		25	51163	251163	255587
Available capital resources for 75% MCR req	quirement		83		25	51163	251163	255587
Financial engineering adjustments			<u>-</u>					
Implicit items			91					
Financial reinsurance - ceded			92					
Financial reinsurance - accepted			93					
Outstanding contingent loans			94					
Any other charges on future profits		1	95					

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Name of insurer Friends Life and Pensions Limited

Global business

Financial year ended 31 December 2011

Category of assets Total other than long term insurance business assets

		Company registration number	GL/ UK/ CM	day	month	year	Units	Category of assets
	R13	475201	GL	31	12	2011	£000	1
							d of this ial year	As at end of the previous year
						,	1	2
Land and buildings				11				

#### Investments in group undertakings and participating interests

LII/ incurrence dependents	Shares	21		
UK insurance dependants	Debts and loans	22		
Other insurance dependants	Shares	23		
	Debts and loans	24		
Non incurance dependents	Shares	25	274	274
Non-insurance dependants	Debts and loans	26		
Other group undertakings	Shares	27		
Other group undertakings	Debts and loans	28		
Participating interests	Shares	29		
Participating interests	Debts and loans	30		

#### Other financial investments

Equity shares				
Other shares and other variable yield participations				
Holdings in collective investment scheme	es	43	33163	5005
Rights under derivative contracts		44		
Fixed interest securities	Approved	45	12885	17569
rixed interest securities	Other	46	29086	86333
Variable interest securities	Approved	47		
variable interest securities	Other	48		7409
Participation in investment pools		49		
Loans secured by mortgages		50		
Loans to public or local authorities and na	ationalised industries or undertakings	51		
Loans secured by policies of insurance is	sued by the company	52		
Other loans		53		
Bank and approved credit & financial	One month or less withdrawal	54	88051	12680
institution deposits	More than one month withdrawal	55		
Other financial investments		56		
Deposits with ceding undertakings	57			
Assets held to match linked liabilities	Index linked	58		
Assets neid to match linked liabilities	Property linked	59		

Name of insurer	Friend	ls Life and Pens	ions Lin	nited				
Global business								
Financial year ended	31 De	cember 2011						
Category of assets	Total	other than long	term ins	urance	bus	iness a	ssets	
		Company registration number	GL/ UK/ CM	day m	onth y	year	Units	Category of assets
	R13	475201	GL	31	12	2011	£000	1
						As at end	d of this al year	As at end of the previous year
Reinsurers' share of technical provis	sions				1	1		2
Provision for unearned premiums				60				
Claims outstanding				61				
Provision for unexpired risks				62				
Other				63				
Debtors and salvage								
Direct incurence huginess	Polic	yholders		71				
Direct insurance business	Interr	mediaries		72				
Salvage and subrogation recoveries				73				
Reinsurance	Acce			74				
	Cede			75				
Dependants	-	n 12 months or less		76				
		n more than 12 mon	ths	77				
Other		n 12 months or less	-1	78				
Other coasts	due	n more than 12 mon	ths	79				
Other assets								
Tangible assets				80				
Deposits not subject to time restriction on institutions	withdrav	val with approved		81			225	342
Cash in hand				82				
Other assets (particulars to be specified b	y way of	supplementary note	<del>)</del> )	83				
Accrued interest and rent				84			1034	2618
Deferred acquisition costs (general busine	ess only)			85				
Other prepayments and accrued income				86				
Deductions from the aggregate value of a	ssets			87				
Grand total of admissible assets after ded	uction of	admissible assets		<u> </u>	1			
in excess of market risk and counterparty				89			164718	132230

**Friends Life and Pensions Limited** Name of insurer

Global business

Financial year ended 31 December 2011

Category of assets Total other than long term insurance business assets

	Company registration number	GL/ UK/ day mo CM			year	Units	Category of assets
R13	475201	GL	31	12	2011	£000	1
					As at end of this financial year		As at end of the previous year
						1	2

Reconciliation to asset values determined in accordance with the insurance accounts rules or international accounting standards as applicable to the firm for the purpose of its external financial reporting

Total admissible assets after deduction of admissible assets in excess of market risk and counterparty limits (as per line 89 above)	91	164718	132230
Admissible assets in excess of market and counterparty limits	92		
Inadmissible assets directly held	93		
Capital resources requirement deduction of regulated related undertakings	94		
Ineligible surplus capital and restricted assets in regulated related insurance undertakings	95		
Inadmissible assets of regulated related undertakings	96		
Book value of related ancillary services undertakings	97		
Other differences in the valuation of assets (other than for assets not valued above)	98		
Deferred acquisition costs excluded from line 89	99		
Reinsurers' share of technical provisions excluded from line 89	100		
Other asset adjustments (may be negative)	101	(1245)	(7658)
Total assets determined in accordance with the insurance accounts rules or international accounting standards as applicable to the firm for the purpose of its external financial reporting (91 to 101)	102	163473	124572
Amounts included in line 89 attributable to debts due from related insurers, other than those under contracts of insurance or reinsurance	103		

Name of insurer Friends Life and Pensions Limited

Global business

Financial year ended 31 December 2011

Category of assets Total long term insurance business assets

		Company registration number	GL/ UK/ CM	day	month	year	Units	Category of assets
	R13	475201	GL	31	12	2011	£000	10
					d of this ial year	As at end of the previous year		
Land and buildings				11				

#### Investments in group undertakings and participating interests

LIIZ incurrence dependente	Shares	21
UK insurance dependants	Debts and loans	22
Oth as in successful and a successful and a	Shares	23
Other insurance dependants	Debts and loans	24
Non-insurance dependants	Shares	25
Non-insurance dependants	Debts and loans	26
Other group undertakings	Shares	27
Other group undertakings	Debts and loans	28
Participating interests	Shares	29
i articipating interests	Debts and loans	30

#### Other financial investments

Equity shares		41	101052	122175
Other shares and other variable yield participations				
Holdings in collective investment scheme	es	43	4792	5394
Rights under derivative contracts		44	7952	3846
Fixed interest securities	Approved	45	762123	341252
Fixed interest securities	Other	46	1274373	745362
Variable interest securities	Approved	47	56923	81547
variable interest securities	Other	48	22695	1708769
Participation in investment pools	Participation in investment pools			
Loans secured by mortgages		50		
Loans to public or local authorities and na	ationalised industries or undertakings	51		
Loans secured by policies of insurance is	sued by the company	52		
Other loans		53		
Bank and approved credit & financial	One month or less withdrawal	54	670	80308
institution deposits	More than one month withdrawal	55		
Other financial investments	•	56		
Deposits with ceding undertakings		57		
Assets held to match linked liabilities	Index linked	58	29428	16309
Assets held to match linked liabilities	Property linked	59	10506832	11049558

Name of insurer	Friend	ds Life and Pensi	ons Lim	ited				
Global business								
Financial year ended	31 De	cember 2011						
Category of assets	Total	long term insura	nce bus	iness a	isse	ts		
		Company registration number	GL/ UK/ CM	day m	onth y	year	Units	Category of assets
	R13	475201	GL	31	12	2011	£000	10
				<u> </u>	,	As at en financi	d of this al year	As at end of the previous year
						1	l	2
Reinsurers' share of technical provis	sions							
Provision for unearned premiums				60				
Claims outstanding				61				
Provision for unexpired risks				62				
Other				63				
Debtors and salvage								
Direct in a constant business	Polic	yholders		71			514	
Direct insurance business	Interi	mediaries		72			50	429
Salvage and subrogation recoveries				73				
Reinsurance	Acce	pted		74				
	Cede			75				
Dependants		n 12 months or less		76				
,		n more than 12 mont	hs	77				
Other		n 12 months or less		78			47352	8125
Othersesses	due i	n more than 12 mont	ins	79			24513	16040
Other assets								
Tangible assets				80				
Deposits not subject to time restriction on institutions	withdrav	wal with approved		81			25266	58976
Cash in hand				82				
Other assets (particulars to be specified b	y way of	supplementary note	)	83				
Accrued interest and rent				84			33236	24933
Deferred acquisition costs (general busine	ess only)	1		85				
Other prepayments and accrued income				86			50	85
Deductions from the aggregate value of a	ssets			87				
Grand total of admissible assets after ded in excess of market risk and counterparty				89			12897821	14263108

**Friends Life and Pensions Limited** Name of insurer

Global business

Financial year ended 31 December 2011

Category of assets Total long term insurance business assets

	Company registration number	GL/ UK/ CM	day	month	year	Units	Category of assets
R13	475201	GL	31	12	2011	£000	10
						d of this al year	As at end of the previous year
						1	2

Reconciliation to asset values determined in accordance with the insurance accounts rules or international accounting standards as applicable to the firm for the purpose of its external financial reporting

Total admissible assets after deduction of admissible assets in excess of market risk and counterparty limits (as per line 89 above)	91	12897821	14263108
Admissible assets in excess of market and counterparty limits	92		
Inadmissible assets directly held	93		
Capital resources requirement deduction of regulated related undertakings	94		
Ineligible surplus capital and restricted assets in regulated related insurance undertakings	95		
Inadmissible assets of regulated related undertakings	96		
Book value of related ancillary services undertakings	97		
Other differences in the valuation of assets (other than for assets not valued above)	98		
Deferred acquisition costs excluded from line 89	99	239647	248236
Reinsurers' share of technical provisions excluded from line 89	100	4798047	6357183
Other asset adjustments (may be negative)	101		50
Total assets determined in accordance with the insurance accounts rules or international accounting standards as applicable to the firm for the purpose of its external financial reporting (91 to 101)	102	17935515	20868577
	1		
Amounts included in line 89 attributable to debts due from related insurers, other than those under contracts of insurance or reinsurance	103		

Amounts included in line 89 attributable to debts due from related insurers, other than those under contracts of insurance or reinsurance	103		
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#### Long term insurance business liabilities and margins

Name of insurer Friends Life and Pensions Limited

Global business

Financial year ended 31 December 2011

Total business/Sub fund Total Long Term Insurance Business

Units £000

As at end of	As at end of
this financial	the previous
year	year
1	2

Mathematical reserves, after dis	tribution of surplus	11	12780584	12427435
Cash bonuses which had not be to end of the financial year	en paid to policyholders prior	12		
Balance of surplus/(valuation de	ficit)	13	93540	131015
Long term insurance business fu	ind carried forward (11 to 13)	14	12874124	12558450
	Gross	15	13	100
Claims outstanding	Reinsurers' share	16	100	106
	Net (15-16)	17	(87)	(6
Decidelese	Taxation	21		
Provisions	Other risks and charges	22	300	
Deposits received from reinsure	'S	23		
	Direct insurance business	31	14827	14788
Creditors	Reinsurance accepted	32		
	Reinsurance ceded	33	360	1666693
B.L. d. I	Secured	34		
Debenture loans	35			
Amounts owed to credit institution	ns	36		
Creditors	Taxation	37		
	Other	38	8297	2318
Accruals and deferred income	·	39		
Provision for "reasonably forese	eable adverse variations"	41		
Total other insurance and non-in	surance liabilities (17 to 41)	49	23697	170465
Excess of the value of net admis	sible assets	51		
Total liabilities and margins		59	12897821	1426310
Amounts included in line 59 attri	butable to liabilities to related companies,	61		
	butable to liabilities in respect of property	62	10506832	1104955
Total liabilities (11+12+49)		71	12804281	14132093
Increase to liabilities - DAC relat	ed	72		
Reinsurers' share of technical pr	ovisions	73	4798047	635718
Other adjustments to liabilities (	nay be negative)	74	(12850)	(5170
Capital and reserves and fund for	or future appropriations	75	346036	38447
Total liabilities under insurance a standards as applicable to the fi reporting (71 to 75)	76	17935514	2086857	

reporting (69-82+83+84)

#### Liabilities (other than long term insurance business)

Name of insurer Friends Life and Pensions Limited Global business Financial year ended **31 December 2011** Company registration number GL/ UK/ CM Units dav month year R15 475201 GL 31 12 2011 £000 As at end of As at end of this financial the previous year year **Technical provisions (gross amount)** Provisions for unearned premiums 11 Claims outstanding 12 Provision for unexpired risks 13 Credit business 14 Equalisation provisions Other than credit business 15 Other technical provisions 16 Total gross technical provisions (11 to 16) 19 **Provisions and creditors** Taxation 21 **Provisions** Other risks and charges 22 Deposits received from reinsurers 31 41 Direct insurance business Creditors Reinsurance accepted 42 Reinsurance ceded 43 Secured 44 Debenture loans Unsecured 45 Amounts owed to credit institutions 46 Taxation 47 1245 7658 Creditors Foreseeable dividend 48 Other 49 5849 Accruals and deferred income 51 7094 7658 Total (19 to 51) 59 Provision for "reasonably foreseeable adverse variations" 61 Cumulative preference share capital 62 Subordinated loan capital 63 Total (59 to 63) 69 7094 7658 Amounts included in line 69 attributable to liabilities to related insurers, other 71 than those under contracts of insurance or reinsurance Amounts deducted from technical provisions for discounting 82 Other adjustments (may be negative) 83 (1245)(7658)Capital and reserves 84 157624 124572 Total liabilities under insurance accounts rules or international accounting 85 standards as applicable to the firm for the purpose of its external financial 163473 124572

#### Profit and loss account (non-technical account)

Name of insurer Friends Life and Pensions Limited

Global business

Financial year ended 31 December 2011

			Company registration number	GL/ UK/ CM	day	month	n year	Units
		R16	475201	GL	31	12	2011	£000
		•			TI	nis fina yea		Previous year
						1		2
Transfer (to)/from the general insurance business		From Fo	orm 20	11				
technical account		Equalisa	ation provisions	12				
Transfer from the long term revenue account	insurand	ce business	S	13				
	Incor	me		14			4605	7690
Investment income		e re-adjustr	ments on	15				8637
		s on the reastments	alisation of	16			255	
	Investment mar charges, includi			17			404	478
Investment charges		ue re-adjustments on stments		18	158			
		on the real	lisation of	19				1640
Allocated investment return insurance business technical		_	eneral	20				
Other income and charges by way of supplementary no		ars to be sp	ecified	21				
Profit or loss on ordinary ac (11+12+13+14+15+16-17-1				29			4298	14209
Tax on profit or loss on ordi	nary acti	vities		31			1245	3978
Profit or loss on ordinary ac	tivities af	ter tax (29-	31)	39			3053	10231
Extraordinary profit or loss ( by way of supplementary no		rs to be sp	ecified	41				
Tax on extraordinary profit of	or loss			42				
Other taxes not shown under	er the pre	eceding iter	ns	43				
Profit or loss for the financia	Profit or loss for the financial year (39+41-(42+43))		43))	49			3053	10231
Dividends (paid or foreseea	Dividends (paid or foreseeable)			51				50000
Profit or loss retained for the financial year (49-51)			59			3053	(39769)	

#### Analysis of derivative contracts

Name of insurer Friends Life and Pensions Limited

Global business

Financial year ended 31 December 2011

Category of assets Total long term insurance business assets

		Company registration number	GL/ UK/ CM	day month year	Units	Category of assets
	R17	475201	GL	31 12 2011	£000	10
Derivative co	ntracts			at the end ancial year	Notional amour of this fina	nt as at the end incial year
			Assets 1	Liabilities <b>2</b>	Bought / Long	Sold / Short
	Fixed-interest securities	es 11				
Ī	Interest rates	12				
	Inflation	13				
	Credit index / basket	14				
Futures and	Credit single name	15				
contracts for	Equity index	16	44		1993	
differences	Equity stock	17				
-	Land	18				
	Currencies	19				
	Mortality	20				
	Other	21				
	Swaptions	31	7943		26500	
	Equity index calls	32				
In the money	Equity stock calls	33				
options	Equity index puts	34				
	Equity stock puts	35				
	Other	36				
	Swaptions	41				
	Equity index calls	42				
Out of the money	Equity stock calls	43				
options	Equity index puts	44				
	Equity stock puts	45				
	Other	46				
Total (11 to 46	5)	51	7987		28493	
Adjustment for	r variation margin	52	(35)			
Total (51 + 52	)	53	7952			

THE NOTIONAL AMOUNTS IN COLUMNS 3 AND 4 ARE NOT A MEASURE OF EXPOSURE. Please see instructions 11 and 12 to this Form for the meaning of these figures.

#### Long-term insurance business : Revenue account

Name of insurer Friends Life and Pensions Limited

Total business / subfund Total Long Term Insurance Business

Financial year ended 31 December 2011

Units £000

Financial year	Previous year		
1	2		

#### Income

Earned premiums	11	2067122	1657404
Investment income receivable before deduction of tax	12	455808	401012
Increase (decrease) in the value of non-linked assets brought into account	13	119167	55120
Increase (decrease) in the value of linked assets	14	(714741)	984232
Other income	15		
Total income	19	1927356	3097768

#### Expenditure

Claims incurred	21	1351056	1325514
Expenses payable	22	156709	161126
Interest payable before the deduction of tax	23	54712	67531
Taxation	24	(10039)	9123
Other expenditure	25	26680	26483
Transfer to (from) non technical account	26		
Total expenditure	29	1579118	1589777

Business transfers - in	31		
Business transfers - out	32	32564	
Increase (decrease) in fund in financial year (19-29+31-32)	39	315674	1507991
Fund brought forward	49	12558450	11050459
Fund carried forward (39+49)	59	12874124	12558450

Long-term insurance business : Analysis of premiums

Name of insurer Friends Life and Pensions Limited
Total business / subfund Total Long Term Insurance Business

Financial year ended 31 December 2011

Units £000

UK Life	UK Pension	Overseas	Total Financial year	Total Previous year	
1	2	3	4	5	

#### Gross

Regular premiums	11	937	1358962	1359899	1232424
Single premiums	12	282	1921374	1921656	804843

#### Reinsurance - external

Regular premiums	13	923	923	738
Single premiums	14	744947	744947	368884

#### Reinsurance - intra-group

Regular premiums	15	(1612)	(1612)	(1257)
Single premiums	16	470175	470175	11498

#### Net of reinsurance

Regular premiums	17	937	1359651	1360588	1232943
Single premiums	18	282	706252	706534	424461

#### Total

Gross	19	1219	3280336	3281555	2037267
Reinsurance	20		1214433	1214433	379863
Net	21	1219	2065903	2067122	1657404

#### Long-term insurance business : Analysis of claims

Name of insurer Friends Life and Pensions Limited

Total business / subfund Total Long Term Insurance Business

Financial year ended 31 December 2011

Units £000

UK Life	UK Pension	Overseas	Total Financial year	Total Previous year	
1	2	3	4	5	

#### Gross

Death or disability lump sums	11	48	22926	22974	24481
Disability periodic payments	12	319	160	479	609
Surrender or partial surrender	13	1312	1252358	1253670	1258798
Annuity payments	14	1	199479	199480	192126
Lump sums on maturity	15		16093	16093	18119
Total	16	1680	1491016	1492696	1494133

#### Reinsurance - external

Death or disability lump sums	21		243	243	745
Disability periodic payments	22	191	118	309	349
Surrender or partial surrender	23				
Annuity payments	24		108917	108917	119912
Lump sums on maturity	25				
Total	26	191	109278	109469	121006

#### Reinsurance - intra-group

Death or disability lump sums	31	266	266	336
Disability periodic payments	32			
Surrender or partial surrender	33	14659	14659	11819
Annuity payments	34	17039	17039	35098
Lump sums on maturity	35	207	207	360
Total	36	32171	32171	47613

#### Net of reinsurance

Death or disability lump sums	41	48	22417	22465	23400
Disability periodic payments	42	128	42	170	260
Surrender or partial surrender	43	1312	1237699	1239011	1246979
Annuity payments	44	1	73523	73524	37116
Lump sums on maturity	45		15886	15886	17759
Total	46	1489	1349567	1351056	1325514

#### Long-term insurance business : Analysis of expenses

Name of insurer Friends Life and Pensions Limited

Total business / subfund Total Long Term Insurance Business

Financial year ended 31 December 2011

Units £000

UK Life	UK Pension	Overseas	Total Financial year	Total Previous year
1	2	3	4	5

#### Gross

Commission - acquisition	11	17671	_	17671	18785
Commission - other	12	9623		9623	9485
Management - acquisition	13	62902		62902	54927
Management - maintenance	14	38937		38937	39061
Management - other	15	25155		25155	35904
Total	16	154288		154288	158162

#### Reinsurance - external

Commission - acquisition	21		
Commission - other	22		
Management - acquisition	23		
Management - maintenance	24		
Management - other	25		
Total	26		

#### Reinsurance - intra-group

Commission - acquisition	31	(2437)	(2437)	(2964)
Commission - other	32			
Management - acquisition	33			
Management - maintenance	34	16	16	
Management - other	35			
Total	36	(2421)	(2421)	(2964)

#### Net of reinsurance

Commission - acquisition	41	20108	20108	21749
Commission - other	42	9623	9623	9485
Management - acquisition	43	62902	62902	54927
Management - maintenance	44	38921	38921	39061
Management - other	45	25155	25155	35904
Total	46	156709	156709	161126

#### Long-term insurance business : Linked funds balance sheet

Name of insurer Friends Life and Pensions Limited

Total business

Financial year ended 31 December 2011

Units £000

Financial year	Previous year
1	2

#### Internal linked funds (excluding cross investment)

Directly held assets (excluding collective investment schemes)	11	7009822	7273270
Directly held assets in collective investment schemes of connected companies	12		
Directly held assets in other collective investment schemes	13	3490664	3845546
Total assets (excluding cross investment) (11+12+ 13)	14	10500486	11118816
Provision for tax on unrealised capital gains	15		
Secured and unsecured loans	16		
Other liabilities	17	23497	107749
Total net assets (14-15-16-17)	18	10476989	11011067

#### Directly held linked assets

Value of directly held linked assets
--------------------------------------

#### Total

Value of directly held linked assets and units held (18+21)	31	10506832	11045646
Surplus units	32		
Deficit units	33		3912
Net unit liability (31-32+33)	34	10506832	11049558

#### Long-term insurance business: Revenue account for internal linked funds

Name of insurer Friends Life and Pensions Limited

Total business

Financial year ended 31 December 2011

Units £000

Financial year	Previous year		
1	2		

#### Income

Value of total creation of units	11	2060963	1605345
Investment income attributable to the funds before deduction of tax	12	303874	275959
Increase (decrease) in the value of investments in the financial year	13	(709986)	978945
Other income	14		
Total income	19	1654851	2860249

#### Expenditure

Value of total cancellation of units	21	2064078	1510713
Charges for management	22	109482	102105
Charges in respect of tax on investment income	23	6532	8982
Taxation on realised capital gains	24		
Increase (decrease) in amount set aside for tax on capital gains not yet realised	25		
Other expenditure	26	8838	9939
Total expenditure	29	2188930	1631739

Increase (decrease) in funds in financial year (19-29)	39	(534079)	1228510
Internal linked fund brought forward	49	11011067	9782557
Internal linked funds carried forward (39+49)	59	10476988	11011067

Long-term insurance business : Summary of new business

Name of insurer Friends Life and Pensions Limited

Total business

Financial year ended 31 December 2011

Units £000

UK Life	UK Pension	Overseas	Total Financial year	Total Previous year
1	2	3	4	5

#### Number of new policyholders/ scheme members for direct insurance business

Regular premium business	11	76493	76493	61444
Single premium business	12	43367	43367	36606
Total	13	119860	119860	98050

## Amount of new regular premiums

Direct insurance business	21	335645	335645	274935
External reinsurance	22			
Intra-group reinsurance	23			
Total	24	335645	335645	274935

## Amount of new single premiums

Direct insurance business	25	741724	741724	575238
External reinsurance	26			
Intra-group reinsurance	27	6461	6461	4226
Total	28	748185	748185	579464

#### Long-term insurance business : Analysis of new business

Name of insurer Friends Life and Pensions Limited

Total business

Financial year ended 31 December 2011

Units £000

UK Pension / Direct Insurance Business

Product		Regular prem	nium business	Single premium business		
code	Product description	Number of policyholders / scheme members	Amount of premiums	Number of policyholders / scheme members	Amount of premiums	
1	2	3	4	5	6	
400	Annuity non-profit (CPA)			12738	201349	
525	Individual pensions UWP		15	3	154	
535	Group money purchase pensions UWP	32	406	5	298	
725	Individual pensions property linked	3893	5923	4171	91729	
735	Group money purchase pensions property linked	72568	329302	26450	448194	

#### Long-term insurance business : Analysis of new business

Name of insurer Friends Life and Pensions Limited

Total business

Financial year ended 31 December 2011

Units £000

UK Pension / Reinsurance accepted intra-group

Product		Regular prem	ium business	Single premium business		
code	Product description	Number of policyholders / scheme members	Amount of premiums	Number of policyholders / scheme members	Amount of premiums	
1	2	3	4	5	6	
400	Annuity non-profit (CPA)				6461	

#### Long-term insurance business: Assets not held to match linked liabilities

Name of insurer Friends Life and Pensions Limited

Category of assets 10 Total long term insurance business assets

Financial year ended 31 December 2011

Units £000

Unadjusted assets	Economic exposure	Expected income from assets in column 2	Yield before adjustment	Return on assets in financial year
1	2	3	4	5

## Assets backing non-profit liabilities and non-profit capital requirements

Land and buildings	11					
Approved fixed interest securities	12	768448	768448	28345	2.77	
Other fixed interest securities	13	1300744	1300744	73072	5.60	
Variable interest securities	14	80036	80036	336	3.29	
UK listed equity shares	15	94902	98589	4546	7.40	
Non-UK listed equity shares	16	6150	6724	123	3.60	
Unlisted equity shares	17					
Other assets	18	111281	107020	429	0.40	
Total	19	2361561	2361561	106852	4.44	

## Assets backing with-profits liabilities and with-profits capital requirements

Land and buildings	21			
Approved fixed interest securities	22			
Other fixed interest securities	23			
Variable interest securities	24			
UK listed equity shares	25			
Non-UK listed equity shares	26			
Unlisted equity shares	27			
Other assets	28			
Total	29			

#### Overall return on with-profits assets

Post investment costs but pre-tax	31			
Return allocated to non taxable 'asset shares'	32			
Return allocated to taxable 'asset shares'	33			

#### Long-term insurance business : Fixed and variable interest assets

Name of insurer Friends Life and Pensions Limited

Category of assets 10 Total long term insurance business assets

Financial year ended 31 December 2011

Units £000

				Wald bafana	Wald offer
		Value of assets	Mean term	Yield before adjustment	Yield after adjustment
		1	2	3	4
UK Government approved fixed interest securities	11	647414	14.63	2.63	2.63
Other approved fixed interest securities	21	121034	11.31	3.49	3.35
Other fixed interest securities					
AAA/Aaa	31	148627	11.76	4.40	4.27
AA/Aa	32	275181	11.64	4.52	3.99
A/A	33	662426	10.18	5.43	4.43
BBB/Baa	34	151185	7.73	8.87	4.64
BB/Ba	35	21007	8.44	9.83	5.86
B/B	36				
CCC/Caa	37				
Other (including unrated)	38	42318	8.65	5.90	4.91
Total other fixed interest securities	39	1300744	10.31	5.60	4.38
Approved variable interest securities	41	57229	13.19	2.71	2.71
Other variable interest securities	51	22808	20.56	4.74	3.73
Total (11+21+39+41+51)	61	2149229	11.85	4.50	3.74

Long-term insurance business : Summary of mathematical reserves

Name of insurer Friends Life and Pensions Limited

Total business / subfund Total Long Term Insurance Business

Financial year ended 31 December 2011

Units £000

UK Life	UK Pension	Overseas	Total Financial year	Total Previous year
1	2	3	4	5

#### Gross

Form 51 - with-profits	11			
Form 51 - non-profit	12	2005357	2005357	3230579
Form 52	13	125062	125062	129308
Form 53 - linked	14	15167725	15167725	15082016
Form 53 - non-linked	15	237106	237106	223333
Form 54 - linked	16	29428	29428	102072
Form 54 - non-linked	17			
Total	18	17564679	17564679	18767308

#### Reinsurance - external

Form 51 - with-profits	21			
Form 51 - non-profit	22			1588838
Form 52	23			
Form 53 - linked	24	4197904	4197904	3591538
Form 53 - non-linked	25	(13853)	(13853)	(11852)
Form 54 - linked	26			72541
Form 54 - non-linked	27			
Total	28	4184051	4184051	5241065

#### Reinsurance - intra-group

•				
Form 51 - with-profits	31			
Form 51 - non-profit	32	13009	13009	516269
Form 52	33	124045	124045	128396
Form 53 - linked	34	462990	462990	440919
Form 53 - non-linked	35			
Form 54 - linked	36			13223
Form 54 - non-linked	37			
Total	38	600044	600044	1098808

#### Net of reinsurance

Form 51 - with-profits	41			
Form 51 - non-profit	42	1992348	199	92348 1125471
Form 52	43	1017		1017 912
Form 53 - linked	44	10506832	1050	06832 11049558
Form 53 - non-linked	45	250959	25	50959 235185
Form 54 - linked	46	29428	2	29428 16308
Form 54 - non-linked	47			
Total	48	12780584	1278	30584 12427435

#### Long-term insurance business: Valuation summary of non-linked contracts (other than accumulating with-profits contracts)

Name of insurer
Total business / subfund
Financial year ended
Units

UK Pension / Gross

Product code number	Product description	Number of policyholders / scheme members	Amount of benefit	Amount of annual office premiums	Nominal value of units	Discounted value of units	Other liabilities	Amount of mathematical reserves
1	2	3	4	5	6	7	8	9
315	Individual deposit administration non-profit	39481	235645	3796				248471
320	Group deposit administration non-profit	1512	111566	1707				154922
390	Deferred annuity non-profit	4222	1922					42279
400	Annuity non-profit (CPA)	80538	89743					1559684

#### Long-term insurance business: Valuation summary of non-linked contracts (other than accumulating with-profits contracts)

Name of insurer

Total business / subfund

Financial year ended

Units

UK Pension / Reinsurance ceded intra-group

Product code number	Product description	Number of policyholders / scheme members	Amount of benefit	Amount of annual office premiums	Nominal value of units	Discounted value of units	Other liabilities	Amount of mathematical reserves
1	2	3	4	5	6	7	8	9
390	Deferred annuity non-profit		697					13009

#### Long-term insurance business: Valuation summary of accumulating with-profits contracts

Name of insurer
Total business / subfund
Financial year ended
Units

UK Pension / Gross

Product code number	Product description	Number of policyholders / scheme members	Amount of benefit	Amount of annual office premiums	Nominal value of units	Discounted value of units	Other liabilities	Amount of mathematical reserves
1	2	3	4	5	6	7	8	9
525	Individual pensions UWP	1855	26743	940	26502	26502	466	26967
535	Group money purchase pensions UWP	7052	97861	6443	97753	97753	342	98095

#### Long-term insurance business: Valuation summary of accumulating with-profits contracts

Name of insurer

Total business / subfund

Financial year ended

Units

UK Pension / Reinsurance ceded intra-group

Product code number	Product description	Number of policyholders / scheme members	Amount of benefit	Amount of annual office premiums	Nominal value of units	Discounted value of units	Other liabilities	Amount of mathematical reserves
1	2	3	4	5	6	7	8	9
574	UWP investment only reinsurance		124254		124254	124254	(209)	124045

#### Long-term insurance business : Valuation summary of property linked contracts

Name of insurer
Total business / subfund
Financial year ended
Units

UK Pension / Gross

Product code number	Product description	Number of policyholders / scheme members	Amount of benefit	Amount of annual office premiums	Nominal value of units	Discounted value of units	Other liabilities	Amount of mathematical reserves
1	2	3	4	5	6	7	8	9
725	Individual pensions property linked	340522	3401158	73817	3367571	3366742	83006	3449748
735	Group money purchase pensions property linked	701712	8321953	1157443	8320455	8317765	56360	8374126
794	Property linked investment only reinsurance		3575535	45137	3483218	3483218	92739	3575958
800	Additional reserves property linked						5000	5000

### Long-term insurance business : Valuation summary of property linked contracts

Name of insurer

Total business / subfund

Friends Life and Pensions Limited

Total Long Term Insurance Business

Financial year ended

Units

5000

UK Pension / Reinsurance ceded external

Product code number	Product description	Number of policyholders / scheme members	Amount of benefit	Amount of annual office premiums	Nominal value of units	Discounted value of units	Other liabilities	Amount of mathematical reserves
1	2	3	4	5	6	7	8	9
794	Property linked investment only reinsurance		4197904		4197904	4197904	(13853)	4184051

### Long-term insurance business : Valuation summary of property linked contracts

Name of insurer

Total business / subfund

Friends Life and Pensions Limited

Total Long Term Insurance Business

Financial year ended

Units

5000

UK Pension / Reinsurance ceded intra-group

Product code number	Product description	Number of policyholders / scheme members	Amount of benefit	Amount of annual office premiums	Nominal value of units	Discounted value of units	Other liabilities	Amount of mathematical reserves
1	2	3	4	5	6	7	8	9
794	Property linked investment only reinsurance		462990		462990	462990		462990

### Long-term insurance business : Valuation summary of index linked contracts

Name of insurer

Total business / subfund

Friends Life and Pensions Limited

Total Long Term Insurance Business

Financial year ended

31 December 2011

Units

£000

UK Pension / Gross

Product code number	Product description	Number of policyholders / scheme members	Amount of benefit	Amount of annual office premiums	Nominal value of units	Discounted value of units	Other liabilities	Amount of mathematical reserves
1	2	3	4	5	6	7	8	9
905	Index linked annuity	934	1106		29428	29428		29428

### Long-term insurance business : Unit prices for internal linked funds

Form 55 (Sheet 1)

Name of insurer Friends Life and Pensions Limited

Total business

Financial year ended 31 December 2011

Units £000

Fund name	Type of fund	Net assets	Main series	Unit management charge	Price at previous valuation date	Price at current valuation date	Change in price during year
1	2	3	4	5	6	7	8
AEEU	12 - individual pension - balanced managed fund	1040	FP Accumulation 0.75% PRE	0.01	1.5804	1.4858	(5.98)
Balanced	12 - individual pension - balanced managed fund	4906497	Cross Holdings		1.6439	1.5607	(5.06)
Cash	13 - individual pension - defensive managed fund	483561	Cross Holdings		11.6595	11.7455	0.74
Guaranteed Deposit	13 - individual pension - defensive managed fund	4441	0	0.01	6.0223	6.0667	0.74
Equity	15 - individual pension - UK equity	2390384	Cross Holdings		1.7843	1.6995	(4.75)
European	16 - individual pension - overseas equity	269424	FP Accumulation 0.75% PRE	0.01	8.3461	7.0289	(15.78)
Fixed Interest	11 - individual pension - stock market managed fund	732489	Cross Holdings		2.4591	2.7168	10.48
Higher Equity	15 - individual pension - UK equity	34770	L&M 0.50%	0.01	4.5734	4.2820	(6.37)
Index Linked	11 - individual pension - stock market managed fund	109436	Cross Holdings		2.6495	3.1839	20.17
Global Equity	16 - individual pension - overseas equity	1821801	Cross Holdings		1.8900	1.7234	(8.81)
Investment Trust	11 - individual pension - stock market managed fund	208834	L&M 0.75%	0.01	62.5770	54.9750	(12.15)
JP Morgan Fleming Investment Trust	11 - individual pension - stock market managed fund	26961	-		5.4160	4.6020	(15.03)
Lower Equity	15 - individual pension - UK equity	75532	Cross Holdings		1.2106	1.2149	0.35
Thames River Equity Managed	14 - individual pension - other managed fund	7422	FP Accumulation 0.75% PRE	0.01	1.6013	1.3999	(12.58)
Manged Stewardship	14 - individual pension - other managed fund	562624	Cross Holdings		1.8213	1.7395	(4.49)
North American	16 - individual pension - overseas equity	96384	Cross Holdings		0.8932	0.8944	0.13
Pacific Basin	16 - individual pension - overseas equity	144712	Cross Holdings		2.1363	1.6828	(21.23)
Property	17 - individual pension - property	462990	Cross Holdings		2.3544	2.4995	6.17

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# Form 55

### Long-term insurance business : Unit prices for internal linked funds

(Sheet 2)

Name of insurer Friends Life and Pensions Limited

Total business

Financial year ended 31 December 2011

Fund name	Type of fund	Net assets	Main series	Unit management charge	Price at previous valuation date	Price at current valuation date	Change in price during year
1	2	3	4	5	6	7	8
Pre-Retirement Fixed	11 - individual pension - stock market managed fund	411821	Cross Holdings		1.6209	2.0440	26.10
Schroder Managed	14 - individual pension - other managed fund	563	FP Accumulation 1.00% PRE	0.01	1.5349	1.4415	(6.08)
Stewardship	15 - individual pension - UK equity	1085018	FP Accumulation 0.75% PRE	0.01	16.0764	15.1173	(5.97)
UK Index Tracker	11 - individual pension - stock market managed fund	7571	FP Accumulation 0.75% PRE	0.01	1.5018	1.4264	(5.02)
FP Balanced Index Enhanced Fund of Funds	12 - individual pension - balanced managed fund	368223			1.5707	1.5220	(3.10)
FP Kames Strategic Bond	11 - individual pension - stock market managed fund	3749			1.2736	1.2810	0.58
FP Kames High Yield Bond	11 - individual pension - stock market managed fund	6205			1.3876	1.4218	2.46
FP Kames Sterling Corporate Bond	11 - individual pension - stock market managed fund	10113	Cross Holdings		1.1273	1.1834	4.98
FP Artemis European Growth	16 - individual pension - overseas equity	913			1.3612	1.1151	(18.07)
FP Artemis Global Growth	16 - individual pension - overseas equity	1628			1.3172	1.2436	(5.59)
FP Artemis Income	15 - individual pension - UK equity	7321			1.6010	1.6256	1.54
FP Artemis UK Growth	15 - individual pension - UK equity	1496			1.4399	1.4095	(2.11)
FP Artemis UK Smaller Companies	15 - individual pension - UK equity	933			1.0733	1.0991	2.41
FP Artemis UK Special Situations	15 - individual pension - UK equity	22968			1.6685	1.5497	(7.12)
FP Baillie Gifford 60:40 Worldwide Equity Pension	16 - individual pension - overseas equity	10558	Cross Holdings		1.4394	1.3811	(4.05)
FP Baillie Gifford Japanese Equity Pension	16 - individual pension - overseas equity	21806	Cross Holdings		1.1192	1.0466	(6.48)
FP Baillie Gifford North American Equity Pension	16 - individual pension - overseas equity	16857			1.3927	1.4299	2.67
FP Baillie Gifford Overseas Equity Pension	16 - individual pension - overseas equity	1107			1.5545	1.4451	(7.04)

# Form 55

### Long-term insurance business : Unit prices for internal linked funds

(Sheet 3)

Name of insurer Friends Life and Pensions Limited

Total business

Financial year ended 31 December 2011

Fund name	Type of fund	Net assets	Main series	Unit management charge	Price at previous valuation date	Price at current valuation date	Change in price during year
1	2	3	4	5	6	7	8
FP Blackrock All Stocks	11 - individual pension - stock market managed fund	40403	Cross Holdings		1.2433	1.3379	7.60
FP Blackrock Cash	13 - individual pension - defensive managed fund	65994	Cross Holdings		1.2122	1.2206	0.69
FP Blackrock Fixed Interest Tracking	11 - individual pension - stock market managed fund	30757	Cross Holdings		1.2908	1.4399	11.55
FP Cazenove European	16 - individual pension - overseas equity	18326			1.5901	1.3711	(13.77)
FP F&C Cautious Managed	13 - individual pension - defensive managed fund	64726			1.2267	1.2311	0.36
FP Thames River Balanced Managed	12 - individual pension - balanced managed fund	11832			1.5192	1.3846	(8.86)
FP Thames River Cautious Managed	13 - individual pension - defensive managed fund	4464			1.3797	1.3151	(4.69)
FP Thames River Distribution	11 - individual pension - stock market managed fund	5669			1.1729	1.1348	(3.25)
FP Thames River Equity Managed	11 - individual pension - stock market managed fund	7356			1.6263	1.4305	(12.04)
FP UK Smaller Companies	15 - individual pension - UK equity	18756			1.8242	1.7278	(5.28)
FP Stewardship Income	15 - individual pension - UK equity	25012			1.2937	1.2777	(1.23)
FP F&C Strategic Bond	11 - individual pension - stock market managed fund	23268	Cross Holdings		1.4270	1.4148	(0.86)
FP Fidelity Moneybuilder Income	11 - individual pension - stock market managed fund	6710			1.3881	1.4939	7.63
FP Capital International Euro Bond	16 - individual pension - overseas equity	437			1.5131	1.5466	2.21
FP Capital International European Growth and Income	16 - individual pension - overseas equity	10638			1.4538	1.3260	(8.79)
FP Capital International Global Equity	16 - individual pension - overseas equity	22105			1.1908	1.1011	(7.53)
FP Capital International Global High Income Opportunities	11 - individual pension - stock market managed fund	8932			1.9128	1.9685	2.91
FP Capital International US Growth and Income	16 - individual pension - overseas equity	5987			1.4075	1.3823	(1.79)

### Form 55 (Sheet 4)

### Long-term insurance business : Unit prices for internal linked funds

Name of insurer Friends Life and Pensions Limited

Total business

Financial year ended 31 December 2011

Units £000

Fund name	Type of fund	Net assets	Main series	Unit management charge	Price at previous valuation date	Price at current valuation date	Change in price during year
1	2	3	4	5	6	7	8
FP AXA Framlington Health	15 - individual pension - UK equity	822			1.2468	1.3319	6.83
FP AXA Framlington Managed Balanced	12 - individual pension - balanced managed fund	10904			1.4767	1.4410	(2.42)
FP AXA Framlington Monthly Income	15 - individual pension - UK equity	180			0.9292	0.8887	(4.37)
FP AXA Framlington UK Select Opportunities	15 - individual pension - UK equity	1674			1.5699	1.5872	1.10
FP AXA Framlington UK Smaller Companies	15 - individual pension - UK equity	385			1.0823	1.0841	0.16
FP BlackRock (40:60) Global Equity Index (Aquila HP)	16 - individual pension - overseas equity	116185			1.5562	1.4734	(5.32)
FP Hargreaves Lansdown Multi-Manager Income & Growth Portfolio	15 - individual pension - UK equity	5762			1.3443	1.3447	0.03
FP Hargreaves Lansdown Multi-Manager Special Situations	12 - individual pension - balanced managed fund	7414			1.4273	1.2829	(10.12)
FP Hargreaves Lansdown Multi-Manager Balanced Managed	15 - individual pension - UK equity	3832			1.3488	1.2653	(6.20)
FP Invesco Perpetual Asian	16 - individual pension - overseas equity	1518			2.9411	2.5180	(14.39)
FP Invesco Perpetual Corporate Bond	11 - individual pension - stock market managed fund	30766			1.4421	1.4325	(0.66)
FP Invesco Perpetual Distribution	11 - individual pension - stock market managed fund	4706			1.4747	1.4962	1.46
FP Invesco Perpetual Global Bond	11 - individual pension - stock market managed fund	2067			1.5527	1.6448	5.94
FP Invesco Perpetual High Income	15 - individual pension - UK equity	92964			1.7741	1.9643	10.72
FP Invesco Perpetual Income	15 - individual pension - UK equity	7243			1.5307	1.6857	10.13
FP Invesco Perpetual Japan	16 - individual pension - overseas equity	858			1.8116	1.3756	(24.07)
FP Invesco Perpetual UK Equity Pension	15 - individual pension - UK equity	1696			1.3353	1.4231	6.57
FP Invesco Perpetual UK Aggressive	15 - individual pension - UK equity	1713			1.3133	1.2819	(2.39)

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# Form 55

### Long-term insurance business : Unit prices for internal linked funds

(Sheet 5)

Name of insurer Friends Life and Pensions Limited

Total business

Financial year ended 31 December 2011

Fund name	Type of fund	Net assets	Main series	Unit management charge	Price at previous valuation date	Price at current valuation date	Change in price during year
1	2	3	4	5	6	7	8
FP Investec Cautious Managed	13 - individual pension - defensive managed fund	12618			1.5502	1.5397	(0.67)
FP BlackRock Japanese Equity Index (Aquila HP)	16 - individual pension - overseas equity	22508	Cross Holdings		1.3357	1.1394	(14.70)
FP JPM Cautious Total Return	13 - individual pension - defensive managed fund	6868			1.2077	1.1622	(3.77)
FP JPM Japan	16 - individual pension - overseas equity	1175			0.8207	0.8309	1.24
FP JPM Natural Resources	16 - individual pension - overseas equity	22917			2.7708	1.9719	(28.83)
FP Jupiter Financial Opportunities	15 - individual pension - UK equity	1737			1.6058	1.2281	(23.53)
FP Jupiter Income	15 - individual pension - UK equity	1545			1.2196	1.2367	1.40
FP Legg Mason US Equity	16 - individual pension - overseas equity	416			0.7817	0.7558	(3.31)
FP M&G Property Portfolio	17 - individual pension - property	13064			0.9426	0.9914	5.18
FP M&G Recovery	15 - individual pension - UK equity	4914	Cross Holdings		1.5341	1.4596	(4.86)
FP BlackRock Gold and General	15 - individual pension - UK equity	5334			3.0611	2.5363	(17.14)
FP Blackrock Special Situations	15 - individual pension - UK equity	6121			1.0859	1.0058	(7.37)
FP BlackRock UK Dynamic	15 - individual pension - UK equity	8019			1.5296	1.3903	(9.11)
FP BlackRock UK Smaller Companies	15 - individual pension - UK equity	13075			1.2891	1.1512	(10.69)
FP Henderson European Growth	16 - individual pension - overseas equity	2178			1.7426	1.5398	(11.64)
FP Henderson High Yield Bond	11 - individual pension - stock market managed fund	2072			1.3653	1.3493	(1.17)
FP Henderson Managed Distribution	13 - individual pension - defensive managed fund	631			1.1320	1.1079	(2.14)
FP Henderson UK Property	17 - individual pension - property	5048			1.0703	1.0847	1.34

# Form 55

### Long-term insurance business : Unit prices for internal linked funds

(Sheet 6)

Name of insurer Friends Life and Pensions Limited

Total business

Financial year ended 31 December 2011

Fund name	Type of fund	Net assets	Main series	Unit management charge	Price at previous valuation date	Price at current valuation date	Change in price during year
1	2	3	4	5	6	7	8
FP Henderson Sterling Bond	11 - individual pension - stock market managed fund	814			1.0826	1.1834	9.31
FP Baillie Gifford International	16 - individual pension - overseas equity	43658			1.5776	1.4682	(6.93)
FP Baillie Gifford Managed	12 - individual pension - balanced managed fund	73578			1.7372	1.6713	(3.79)
FP Baillie Gifford UK Equity Pension	15 - individual pension - UK equity	34982	Cross Holdings		1.9080	1.8958	(0.64)
FP Balanced Index Fund of Funds	12 - individual pension - balanced managed fund	399605			1.8765	1.8131	(3.38)
FP Balanced Fund of Funds	12 - individual pension - balanced managed fund	45594			1.7125	1.6600	(3.06)
FP BlackRock Consensus (Aquila HP)	12 - individual pension - balanced managed fund	249632			1.6451	1.5685	(4.65)
FP Cautious Index Fund of Funds	11 - individual pension - stock market managed fund	120799			1.7358	1.7625	1.54
FP Cautious Fund of Funds	13 - individual pension - defensive managed fund	12188			1.5900	1.5956	0.35
NGP Deposit	13 - individual pension - defensive managed fund	417699			1.6071	1.6189	0.74
NGP Equity	15 - individual pension - UK equity	303492			1.4081	1.3412	(4.75)
NGP European	16 - individual pension - overseas equity	122177			1.6690	1.4167	(15.12)
FP BlackRock European Equity Index (Aquila HP)	11 - individual pension - stock market managed fund	112493	Cross Holdings		1.7966	1.5153	(15.66)
FP Composite Fidelity Special Situations	16 - individual pension - overseas equity	4989			2.3732	2.0067	(15.44)
FP First State Asia Pacific Leaders	16 - individual pension - overseas equity	73966			4.2277	3.9430	(6.73)
FP First State Global Emerging Markets Leaders	16 - individual pension - overseas equity	71031			4.3397	4.1147	(5.18)
NGP Fixed Interest	11 - individual pension - stock market managed fund	213281			1.9962	2.2054	10.48
FP BlackRock (50:50) Global Equity Index (Aquila HP)	16 - individual pension - overseas equity	1254800			2.3042	2.1538	(6.53)

### Form 55 (Sheet 7)

### Long-term insurance business : Unit prices for internal linked funds

Name of insurer Friends Life and Pensions Limited

Total business

Financial year ended 31 December 2011

Units £000

Fund name	Type of fund	Net assets	Main series	Unit management charge	Price at previous valuation date	Price at current valuation date	Change in price during year
1	2	3	4	5	6	7	8
FP Global Equity Fund of Funds	16 - individual pension - overseas equity	38693			1.8518	1.7574	(5.10)
FP BlackRock Long Term (60:40) Index (Aquila HP)	11 - individual pension - stock market managed fund	862553			2.4344	2.2823	(6.25)
FP HSBC Amanah Global Equity Index	16 - individual pension - overseas equity	6049			1.6725	1.6866	0.84
NGP Indexed Linked	11 - individual pension - stock market managed fund	95527			2.0351	2.4456	20.17
NGP Global Equity	16 - individual pension - overseas equity	125369			1.5335	1.3984	(8.81)
FP Investec UK Blue Chip	15 - individual pension - UK equity	16595			1.9964	1.8931	(5.17)
FP Lazard European Alpha	16 - individual pension - overseas equity	25592			2.1979	1.9452	(11.50)
FP Lazard UK Income	15 - individual pension - UK equity	21181			1.8717	1.8407	(1.66)
NGP Managed	14 - individual pension - other managed fund	3161964			1.5215	1.4446	(5.05)
NGP Managed Stewardship	14 - individual pension - other managed fund	539625			1.5561	1.4865	(4.47)
FP BlackRock UK Equity	15 - individual pension - UK equity	43013			1.8091	1.7089	(5.54)
FP Newton Balanced	12 - individual pension - balanced managed fund	113437			1.8225	1.7542	(3.75)
FP Newton Income	15 - individual pension - UK equity	20272			1.8557	1.6579	(10.66)
FP Newton International Growth	16 - individual pension - overseas equity	27706			1.8402	1.6797	(8.72)
NGP North American	16 - individual pension - overseas equity	73156			1.0056	1.0071	0.15
FP BlackRock Over 15 Year Gilt Index (Aquila HP)	11 - individual pension - stock market managed fund	98635			1.4623	1.8768	28.34
NGP Pacific Basin	16 - individual pension - overseas equity	103455			2.1146	1.6665	(21.19)
NGP Property	17 - individual pension - property	353282			2.1268	2.2580	6.17

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### Long-term insurance business : Unit prices for internal linked funds

Name of insurer Friends Life and Pensions Limited

Total business

Financial year ended 31 December 2011

Fund name	Type of fund	Net assets	Main series	Unit management charge	Price at previous valuation date	Price at current valuation date	Change in price during year
1	2	3	4	5	6	7	8
NGP Pre-Retirement Fixed	11 - individual pension - stock market managed fund	383732			1.7807	2.2455	26.10
NGP Stewardship	15 - individual pension - UK equity	353076			1.4863	1.4082	(5.26)
FP BlackRock Over 15 Year Corporate Bond Index (Aguila HP)	11 - individual pension - stock market managed fund	107777			1.5790	1.7861	13.12
FP BlackRock UK Equity Index (Aquila HP)	15 - individual pension - UK equity	570514	Cross Holdings		2.3027	2.2009	(4.42)
FP BlackRock Over 5 Year Index-Linked Gilt Index (Aguila HP)	11 - individual pension - stock market managed fund	123391			1.6362	2.0538	25.52
FP BlackRock US Equity Index (Aquila HP)	11 - individual pension - stock market managed fund	136828	Cross Holdings		1.2794	1.3083	2.26
FP BlackRock World (Ex-UK) Equity Index (Aguila HP)	16 - individual pension - overseas equity	62929			1.7494	1.6487	(5.76)
FP Old Mutual Corporate Bond	<ul><li>11 - individual pension - stock market managed fund</li></ul>	984			1.1723	1.2156	3.69
FP Old Mutual UK Select Smaller Companies	15 - individual pension - UK equity	427			1.9458	1.8059	(7.19)
FP BlackRock Pacific Rim Equity Index (Aquila HP)	16 - individual pension - overseas equity	50697	Cross Holdings		2.4408	2.1165	(13.28)
FP Schroder Life Managed Balanced	12 - individual pension - balanced managed fund	966			1.4047	1.3217	(5.91)
FP Schroder Tokyo	16 - individual pension - overseas equity	3610			1.1567	1.0870	(6.03)
FP St James's Place International	16 - individual pension - overseas equity	389			1.5124	1.3464	(10.98)
FP St James's Place UK and General Progressive	11 - individual pension - stock market managed fund	250			1.2686	1.2625	(0.48)
FP Strategy 03	15 - individual pension - UK equity	508			1.2622	1.3070	3.55
FP Strategy 02	15 - individual pension - UK equity	3836			1.3128	1.3199	0.54
FP Strategy 01	15 - individual pension - UK equity	34090			1.3699	1.3372	(2.39)
FP Kames Ethical Corporate Bond	11 - individual pension - stock market managed fund	760			1.1329	1.2159	7.33

## Form 55

### Long-term insurance business : Unit prices for internal linked funds

(Sheet 9)

Name of insurer Friends Life and Pensions Limited

Total business

Financial year ended 31 December 2011

Fund name	Type of fund	Net assets	Main series	Unit management charge	Price at previous valuation date	Price at current valuation date	Change in price during year
1	2	3	4	5	6	7	8
FP M&G American	16- individual pension - overseas equity	5207	Cross Holdings		1.2469	1.1712	(6.07)
FP Newton Global Balanced	16- individual pension - overseas equity	79			1.4705	1.4141	(3.83)
FP Newton Higher Income	11 - individual pension - stock market managed fund	971			1.0499	1.0648	1.41
FP Newton Global Higher Income	16- individual pension - overseas equity	249			1.3884	1.4484	4.32
FP Newton Phoenix Multi-Asset	11 - individual pension - stock market managed fund	11			1.1503	1.1462	(0.36)
FP Newton International Bond	11 - individual pension - stock market managed fund	44			1.6563	1.7784	7.37
FP Barclays Dynamic Tracker	13 - individual pension - defensive managed fund	28			1.2312	1.2658	2.81
FP Barclays Dynamic 70 Tracker	13 - individual pension - defensive managed fund	49			1.0493	1.0491	(0.02)
FP Barclays Dynamic 80 Tracker	13 - individual pension - defensive managed fund	290			1.0436	1.0393	(0.41)
FP Barclays Dynamic 90 Tracker	13 - individual pension - defensive managed fund	15			1.0648	1.0623	(0.23)
FP Lazard UK Omega Fund	15 - individual pension - UK equity	5	Cross Holdings		1.0933	0.9946	(9.03)
FP River and Mercantile UK Equity Smaller Companies	15 - individual pension - UK equity	215			1.1199	1.0235	(8.61)
FP M&G Polled Pensions Recovery	15 - individual pension - UK equity	655			1.1899	1.1529	(3.11)
FP Baillie Gifford Long Term Global Growth Pension	16- individual pension - overseas equity	9447	Cross Holdings		1.3899	1.2684	(8.74)
FP Schroder Life Intermediated Diversified Growth	15 - individual pension - UK equity	14035	Cross Holdings		1.2379	1.1884	(4.00)
FP JPM Life Global Equity	16- individual pension - overseas equity	2125			1.1248	1.0425	(7.32)
FP JPM Life Global Dynamic	16- individual pension - overseas equity	9606	Cross Holdings		1.2046	1.0948	(9.12)
FP JPM Life All-Emerging Markets Equity	16- individual pension - overseas equity	21948	Cross Holdings		1.7725	1.4846	(16.25)

### Form 55 (Sheet 10)

### Long-term insurance business : Unit prices for internal linked funds

Name of insurer Friends Life and Pensions Limited

Total business

Financial year ended 31 December 2011

Fund name	Type of fund	Net assets	Main series	Unit management charge	Price at previous valuation date	Price at current valuation date	Change in price during year
1	2	3	4	5	6	7	8
FP JPM Life UK Small Cap Equity	15 - individual pension - UK equity	106			0.9879	0.8730	(11.63)
FP JPM Life UK Disciplined Equity	15 - individual pension - UK equity	655			1.0172	0.9655	(5.08)
FP JPM Life Continental Europe Select Equity	16- individual pension - overseas equity	533			1.0317	0.8808	(14.63)
FP JPM Life US Research Enhanced Index 250	16- individual pension - overseas equity	520			1.2560	1.2866	2.43
FP JPM Life Asia Equity	16- individual pension - overseas equity	462			1.4836	1.2047	(18.80)
FP JPM Life Global ex-UK Opportunities	16- individual pension - overseas equity	238			1.1753	1.0785	(8.24)
FP JPM Life Growth	16- individual pension - overseas equity	2970			1.0886	0.9759	(10.35)
FP JPM Life UK Long-dated Bond	11 - individual pension - stock market managed fund	184			1.2992	1.6351	25.85
FP JPM Life UK Index-linked Long-dated Bond	11 - individual pension - stock market managed fund	96			1.3344	1.6595	24.36
FP JPM Life Global ex-UK Bond	16- individual pension - overseas equity	111			1.1105	1.1748	5.80
FP JPM Life UK Liquidity	13 - individual pension - defensive managed fund	610			1.0964	1.1050	0.79
FP JPM Life Moderate	12-individual pension - balanced managed fund	3706			1.1036	1.0375	(5.98)
FP Aberdeen World Equity	16- individual pension - overseas equity	2596			1.3392	1.3277	(0.85)
FP Aberdeen Multi-Asset	12-individual pension - balanced managed fund	15056			1.1697	1.1820	1.05
FP Enhanced Cash Pension Fund	11 - individual pension - stock market managed fund	150914	Cross Holdings		10.7397	10.7101	(0.27)
FP Stewardship International	16- individual pension - overseas equity	473			1.1094	1.0200	(8.06)
FP Blackrock Aquila Life All Stocks UK Gilts	11 - individual pension - stock market managed fund	72536	Cross Holdings		1.2003	1.3873	15.59
FP Blackrock Aquila Life Overseas Bond Index	11 - individual pension - stock market managed fund	72413	Cross Holdings		1.4957	1.6067	7.42

### Long-term insurance business : Unit prices for internal linked funds

Name of insurer Friends Life and Pensions Limited

Total business

Financial year ended 31 December 2011

Units £000

Fund name	Type of fund	Net assets	Main series	Unit management charge	Price at previous valuation date	Price at current valuation date	Change in price during year
1	2	3	4	5	6	7	8
FP CF Odey Opus	16- individual pension - overseas equity	10	Cross Holdings		1.2109	1.0573	(12.69)
FP Neptune Global Equity	16- individual pension - overseas equity	8	Cross Holdings		1.0562	0.8852	(16.19)
FP Capital International Emerging Markets	16- individual pension - overseas equity	2691			1.4883	1.1815	(20.62)
FP Capital International Global Growth and Income	16- individual pension - overseas equity	3177			1.3682	1.2989	(5.07)
FP Martin Currie North American	16- individual pension - overseas equity	715			1.1384	1.0846	(4.73)
FP T. Rowe Price Global Aggregate Bond	11 - individual pension - stock market managed fund	341			1.4734	1.5469	4.99
FP T. Rowe Price European Equity	16- individual pension - overseas equity	252			1.0748	0.9822	(8.61)
FP T. Rowe Price Global Emerging Markets Equity	16- individual pension - overseas equity	3112			1.2938	1.0696	(17.33)
FP T. Rowe Price Global Equity	16- individual pension - overseas equity	2989			1.0603	0.9476	(10.63)
FP Jupiter Ecology	16- individual pension - overseas equity	467			1.4197	1.2955	(8.75)
FP BlackRock Sterling Liquidity First	13 - individual pension - defensive managed fund	14859			1.0106	1.0185	0.79
FP M&G Optimal Income	11 - individual pension - stock market managed fund	1506			1.4151	1.5136	6.96
FP Towry Law Defensive	13 - individual pension - defensive managed fund	14			1.1890	1.2039	1.26
FP Towry Law Mixed	12-individual pension - balanced managed fund	687			1.3295	1.3029	(2.00)
FP Towry Law Growth	12-individual pension - balanced managed fund	951			1.4281	1.3558	(5.06)
FP M&G All Stocks Corporate Bond	11 - individual pension - stock market managed fund	6169	Cross Holdings		1.1854	1.2956	9.30
FP M&G Global Leaders	16- individual pension - overseas equity	84			1.5376	1.3650	(11.22)
FP Premier Sentinel Defensive	13 - individual pension - defensive managed fund	361			1.1895	1.2026	1.10

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### Form 55 (Sheet 12)

### Long-term insurance business : Unit prices for internal linked funds

Name of insurer Friends Life and Pensions Limited

Total business

Financial year ended 31 December 2011

Units £000

Fund name	Type of fund	Net assets	Main series	Unit management charge	Price at previous valuation date	Price at current valuation date	Change in price during year
1	2	3	4	5	6	7	8
FP Premier Sentinel Enterprise	12-individual pension - balanced managed fund	462			1.5009	1.2754	(15.02)
FP Premier Sentinel Universal	12-individual pension - balanced managed fund	735			1.3162	1.2351	(6.16)
FP T. Rowe Price Global High Yield Bond	11 - individual pension - stock market managed fund	95			1.4161	1.4810	4.58
FP T. Rowe Price Global Natural Resources Equity	16- individual pension - overseas equity	57			1.5595	1.3454	(13.73)
FP T. Rowe Price Middle East & Africa Equity	16- individual pension - overseas equity	53			1.3979	1.1911	(14.80)
FP T. Rowe Price US Large Cap Value Equity	16- individual pension - overseas equity	4	Cross Holdings		1.4338	1.4229	(0.75)
FP T. Rowe Price Asian ex-Japan Equity	16- individual pension - overseas equity	149			1.6232	1.4446	(11.00)
FP T. Rowe Price European Smaller Companies Equity	16- individual pension - overseas equity	199			1.5803	1.3311	(15.77)
FP T. Rowe Price US Smaller Companies Equity	16- individual pension - overseas equity	9			1.6735	1.6912	1.06
FP MFS Global Equity	16- individual pension - overseas equity	1240			1.2327	1.1866	(3.75)
FP Defensive	11 - individual pension - stock market managed fund	2506			1.1151	1.2985	16.45
FP Moderate	11 - individual pension - stock market managed fund	15206			1.3083	1.3677	4.54
FP Growth	11 - individual pension - stock market managed fund	30496			1.4222	1.3476	(5.24)
FP BNY Mellon Long Term Global Equity	16- individual pension - overseas equity	16335			1.2257	1.2004	(2.06)
FP Standard Life Global Absolute Return	13 - individual pension - defensive managed fund	61563	Cross Holdings		1.1114	1.1517	3.63
FP Standard Life UK Smaller Companies	15 - individual pension - UK equity	526			1.5459	1.4147	(8.49)
FP Newton Real Return	11 - individual pension - stock market managed fund	761			1.1211	1.1302	0.81
FP Blackrock Emerging Markets (Aquila HP)	16- individual pension - overseas equity	10927	Cross Holdings		1.0290	0.8423	(18.15)

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### Form 55 (Sheet 13)

### Long-term insurance business : Unit prices for internal linked funds

Name of insurer Friends Life and Pensions Limited

Total business

Financial year ended 31 December 2011

Fund name	Type of fund	Net assets	Main series	Unit management charge	Price at previous valuation date	Price at current valuation date	Change in price during year
1	2	3	4	5	6	7	8
FP Blackrock Diversified Growth	11 - individual pension - stock market managed fund	1359			1.0213	1.0146	(0.66)
FP Capital International Emerging Markets Total Opportunities	16- individual pension - overseas equity	1422			1.0517	0.9902	(5.85)
FP Artemis Strategic Bond	11 - individual pension - stock market managed fund	762			1.0751	1.0613	(1.29)
FP Absolute Insight Currency	13 - individual pension - defensive managed fund	28			1.0132	1.0249	1.16
FP Absolute Insight Emerging Market Debt	13 - individual pension - defensive managed fund	52			1.0275	1.0372	0.94
FP Absolute Insight	13 - individual pension - defensive managed fund	166			1.0443	1.0583	1.34
FP Absoulte Insight UK Equity Market Neutral	15 - individual pension - UK equity	37			1.0163	1.0486	3.18
FP Growth Blend	11 - individual pension - stock market managed fund	1469			1.0732	1.0369	(3.38)
FP Balanced Blend	12-individual pension - balanced managed fund	2362			1.0758	1.0911	1.43
FP Cautious Blend	13 - individual pension - defensive managed fund	464			1.0710	1.1990	11.95
FP BlackRock Market Advantage Strategy	13 - individual pension - defensive managed fund	373			1.1231	1.1411	1.61
FP Tailored Adventurous Portfolio	11 - individual pension - stock market managed fund	49			1.1278	1.0897	(3.38)
FP Tailored Balanced Portfolio	12-individual pension - balanced managed fund	15153			1.1086	1.1245	1.43
FP Tailored Defensive Portfolio	13 - individual pension - defensive managed fund	131			1.0536	1.1800	12.00
FP Investec Sterling Bond	11 - individual pension - stock market managed fund	5537	Cross Holdings		1.0641	1.0811	1.60
FP LIP Cash	13 - individual pension - defensive managed fund	714			1.0008	1.0087	0.79
FP LIP Diversified	13 - individual pension - defensive managed fund	37431			1.0005	1.0368	3.63
FP LIP Global Equity	11 - individual pension - stock market managed fund	72138			1.0518	0.9648	(8.26)

### Form 55 (Sheet 14)

### Long-term insurance business : Unit prices for internal linked funds

Name of insurer Friends Life and Pensions Limited

Total business

Financial year ended 31 December 2011

Fund name	Type of fund	Net assets	Main series	Unit management charge	Price at previous valuation date	Price at current valuation date	Change in price during year
1	2	3	4	5	6	7	8
FP LIP Pre-Retirement	11 - individual pension - stock market managed fund	8553			1.0035	1.2102	20.60
FP Life Plan Pre-Retirement	11 - individual pension - stock market managed fund	1	Cross Holdings		0.9958	1.1719	17.69
FP Nomura Interest Rate Investment Strategy (IRIS)	11 - individual pension - stock market managed fund	272			1.0042	0.9893	(1.48)
FP Nomura Balanced Index	12-individual pension - balanced managed fund	300			1.0239	0.9353	(8.66)
FP Nomura Global Emerging Markets III 80pc Protected	16- individual pension - overseas equity	121			1.0657	0.9233	(13.36)
FP Nomura S&P Diversified Trends Indicator	12-individual pension - balanced managed fund	39			1.0491	0.9631	(8.20)
FP Old Mutual UK Select Mid Cap	15 - individual pension - UK equity	15587			1.0808	0.9874	(8.65)
FP Psigma Inflation Plus	13 - individual pension - defensive managed fund	10	Cross Holdings		1.1462	1.0977	(4.23)
FP AQA Pension Scheme - UK Equity	15 - individual pension - UK equity	343			1.1196	1.2396	10.72
FP AQA Pension Scheme - Global Equity	16- individual pension - overseas equity	436			1.1592	1.1158	(3.75)
FP Momentum Diversified Target Return	12-individual pension - balanced managed fund	415			1.1109	1.0770	(3.05)
FP Stewardship Corporate Bond	11 - individual pension - stock market managed fund	146			0.9791	1.0553	7.79
FP Baker Tilly Adventurous Growth Strategy	11 - individual pension - stock market managed fund	1123			1.0850	0.9980	(8.03)
FP Baker Tilly Diversified Growth Strategy	11 - individual pension - stock market managed fund	2459			1.0774	1.0293	(4.47)
FP Baker Tilly Moderate Strategy	12-individual pension - balanced managed fund	2130			1.0674	1.0676	0.02
FP Baker Tilly Cautious Strategy	13 - individual pension - defensive managed fund	388			1.0648	1.1707	9.95
FP Baker Tilly Defensive Strategy	13 - individual pension - defensive managed fund	122			1.0528	1.1986	13.85
FP Thesis Charlotte Square Allweather	15 - individual pension - UK equity	1269			1.0996	1.0413	(5.30)

### Form 55 (Sheet 15)

### Long-term insurance business : Unit prices for internal linked funds

Name of insurer Friends Life and Pensions Limited

Total business

Financial year ended 31 December 2011

Fund name	Type of fund	Net assets	Main series	Unit management charge	Price at previous valuation date	Price at current valuation date	Change in price during year
1	2	3	4	5	6	7	8
FP SSgA Asia Pacific Enhanced Equity Index	16- individual pension - overseas equity	981	Cross Holdings		1.0765	0.9510	(11.66)
FP L&G Ethical UK Equity Index	15 - individual pension - UK equity	9	Cross Holdings		1.0000	0.9327	(6.73)
FP L&G Global Real Estate Equity Index	16- individual pension - overseas equity	48			1.0000	0.9316	(6.84)
FP L&G Private Equity Passive	15 - individual pension - UK equity	8	Cross Holdings		1.0000	0.7876	(21.24)
FP L&G Infrastructure Index	15 - individual pension - UK equity	10	Cross Holdings		1.0000	1.0180	1.80
FP BlackRock (30:70) Currency Hedged Global Equity Index (Aquila HP)	16- individual pension - overseas equity	3606			1.0000	0.9303	(6.97)
FP G4S Long Term Capital Growth	11 - individual pension - stock market managed fund	15371			1.0000	1.0403	4.03
FP Adventurous Index Fund of Funds	11 - individual pension - stock market managed fund	73			1.0000	0.9522	(4.78)
FP Defensive Index Fund of Funds	13 - individual pension - defensive managed fund	133			1.0000	1.0665	6.65
FP DS Smith Balanced	12-individual pension - balanced managed fund	9975			1.0000	0.9809	(1.91)
FP DS Smith Cautious	13 - individual pension - defensive managed fund	496			1.0000	1.0854	8.54
FP DS Smith Adventurous	11 - individual pension - stock market managed fund	1263			1.0000	0.9001	(9.99)
FP DS Smith Growth	12-individual pension - balanced managed fund	4419			1.0000	0.9427	(5.73)
FP Capital International Global Bond	11 - individual pension - stock market managed fund	433			1.0000	1.0431	4.31
FP Mercer Active Emerging Markets Equity	16- individual pension - overseas equity	9	Cross Holdings		1.0000	0.8207	(17.93)
FP Mercer Active Global Equity	16- individual pension - overseas equity	10	Cross Holdings		1.0000	0.9426	(5.74)
FP Mercer Active UK Bond	11 - individual pension - stock market managed fund	11	Cross Holdings		1.0000	1.0707	7.07
FP Mercer Active UK Equity	15 - individual pension - UK equity	10	Cross Holdings		1.0000	0.9607	(3.93)

### Form 55 (Sheet 16)

### Long-term insurance business : Unit prices for internal linked funds

Name of insurer Friends Life and Pensions Limited

Total business

Financial year ended 31 December 2011

Fund name	Type of fund	Net assets	Main series	Unit management charge	Price at previous valuation date	Price at current valuation date	Change in price during year
1	2	3	4	5	6	7	8
FP Mercer Cash	13 - individual pension - defensive managed fund	5	Cross Holdings		1.0000	1.0035	0.35
FP Mercer Diversified Growth	11 - individual pension - stock market managed fund	365	Cross Holdings		1.0000	0.9550	(4.50)
FP Mercer Mixed Investment Pension Fund 1	11 - individual pension - stock market managed fund	1	Cross Holdings		1.0000	1.0929	9.29
FP Mercer Mixed Investment Pension Fund 2	11 - individual pension - stock market managed fund	1	Cross Holdings		1.0000	0.9815	(1.85)
FP Mercer Mixed Investment Pension Fund 3	11 - individual pension - stock market managed fund	674			1.0000	0.9484	(5.16)
FP Mercer Mixed Investment Pension Fund 4	11 - individual pension - stock market managed fund	2	Cross Holdings		1.0000	0.9288	(7.12)
FP Mercer Passive Emerging Markets Equity	16- individual pension - overseas equity	1	Cross Holdings		1.0000	0.8341	(16.59)
FP Mercer Passive Over 15 Year Gilt	11 - individual pension - stock market managed fund	21	Cross Holdings		1.0000	1.2140	21.40
FP Mercer Passive Over 5 Year Index-Linked Gilt	11 - individual pension - stock market managed fund	4	Cross Holdings		1.0000	1.1496	14.96
FP Mercer Passive Overseas Equity	16- individual pension - overseas equity	91	Cross Holdings		1.0000	0.9330	(6.70)
FP Mercer Passive UK Corporate Bond	11 - individual pension - stock market managed fund	1	Cross Holdings		1.0000	1.0117	1.17
FP Mercer Passive UK Equity	15 - individual pension - UK equity	266	Cross Holdings		1.0000	0.9408	(5.92)
FP Mercer Target Retirement Pension Fund A 2013	11 - individual pension - stock market managed fund	5			1.0000	1.1276	12.76
FP Mercer Target Retirement Pension Fund A 2014	11 - individual pension - stock market managed fund	11			1.0000	1.0960	9.60
FP Mercer Target Retirement Pension Fund A 2015	11 - individual pension - stock market managed fund	10			1.0000	1.0539	5.39
FP Mercer Target Retirement Pension Fund A 2016	11 - individual pension - stock market managed fund	10			1.0000	1.0016	0.16
FP Mercer Target Retirement Pension Fund A 2017	11 - individual pension - stock market managed fund	22			1.0000	0.9484	(5.16)
FP Mercer Retirement Pension Fund A	11 - individual pension - stock market managed fund	6			1.0000	1.1589	15.89

### Long-term insurance business : Unit prices for internal linked funds

Name of insurer Friends Life and Pensions Limited

Total business

Financial year ended 31 December 2011

Fund name	Type of fund	Net assets	Main series	Unit management charge	Price at previous valuation date	Price at current valuation date	Change in price during year
1	2	3	4	5	6	7	8
FP Mercer Target Retirement Pension Fund B 2013	11 - individual pension - stock market managed fund	1	Cross Holdings		1.0000	1.1490	14.90
FP Mercer Target Retirement Pension Fund B 2014	11 - individual pension - stock market managed fund	1	Cross Holdings		1.0000	1.1137	11.37
FP Mercer Target Retirement Pension Fund B 2015	11 - individual pension - stock market managed fund	1	Cross Holdings		1.0000	1.0663	6.63
FP Mercer Target Retirement Pension Fund B 2016	11 - individual pension - stock market managed fund	1	Cross Holdings		1.0000	1.0075	0.75
FP Mercer Target Retirement Pension Fund B 2017	11 - individual pension - stock market managed fund	1	Cross Holdings		1.0000	0.9483	(5.17)
FP Mercer Retirement Pension Fund B	11 - individual pension - stock market managed fund	1	Cross Holdings		1.0000	1.1841	18.41
FL United Biscuit Diversified Strategy	11 - individual pension - stock market managed fund	3			1.0000	1.0032	0.32
FL Spicers Adventerous	11 - individual pension - stock market managed fund	1	Cross Holdings		1.0000	1.0157	1.57
FL Spicers Balanced	12-individual pension - balanced managed fund	1	Cross Holdings		1.0000	1.0159	1.59
FL Spicers Cautious	13 - individual pension - defensive managed fund	1	Cross Holdings		1.0000	1.0099	0.99
FL Spicers Growth	11 - individual pension - stock market managed fund	1	Cross Holdings		1.0000	1.0205	2.05
FP NGS Davies 1968 Y	11 - individual pension - stock market managed fund	2	Series 1	0.55%	1.0592	1.0058	(5.04)
FP NGS Riley 1976 G	11 - individual pension - stock market managed fund	3	Series 1	0.75%	1.0527	1.0908	3.62
FP NGS Riley 1976 H	13 - individual pension - defensive managed fund	12	Series 1	0.75%	1.0212	0.9938	(2.68)
FP NGS Davies 1968 C	12-individual pension - balanced managed fund	7	Series 1	0.55%	1.0756	1.0385	(3.45)
FP NGS Davies 1968 Z	11 - individual pension - stock market managed fund	3	Series 1	0.55%	1.0545	1.0025	(4.93)
FP NGS Toby 2006 L	11 - individual pension - stock market managed fund	1	Series 1	0.95%	1.0000	1.0331	3.31
FP NGS Toby 2010 M	11 - individual pension - stock market managed fund	2	Series 1	0.95%	1.1358	1.0446	(8.03)

### Long-term insurance business : Unit prices for internal linked funds

Name of insurer Friends Life and Pensions Limited

Total business

Financial year ended 31 December 2011

Fund name	Type of fund	Net assets	Main series	Unit management charge	Price at previous valuation date	Price at current valuation date	Change in price during year
1	2	3	4	5	6	7	8
FP NGS Riley 1985 J	11 - individual pension - stock market managed fund	6	Series 1	0.75%	1.1034	1.1183	1.35
FP NGS Riley 1985 K	13 - individual pension - defensive managed fund	6	Series 1	0.75%	1.0740	1.0570	(1.58)
FP NGS Davies 1999 V	11 - individual pension - stock market managed fund	2	Series 1	0.55%	1.1289	1.0717	(5.07)
FP NGS Davies 1999 F	12-individual pension - balanced managed fund	5	Series 1	0.55%	1.1647	1.1172	(4.08)
FP NGS Davies 1999 W	11 - individual pension - stock market managed fund	3	Series 1	0.55%	1.0704	1.0254	(4.21)
FP Cheviot Cautious	13 - individual pension - defensive managed fund	21155	Series 1	1.00%	1.0000	1.0821	8.21
FP Cheviot Growth	11 - individual pension - stock market managed fund	11564	Series 1	1.00%	1.0000	0.9625	(3.75)
FP Cheviot Lifestyle	12-individual pension - balanced managed fund	4373	Series 1	1.00%	1.0000	1.1793	17.93
FP Cheviot Moderate	12-individual pension - balanced managed fund	13534	Series 1	1.00%	1.0000	0.9910	(0.90)
FP Cheviot Retirement Protection	13 - individual pension - defensive managed fund	1032	Series 1	1.00%	1.0000	1.1791	17.91
FP NGS Davies 1968 A	12-individual pension - balanced managed fund	7	Series 1	1.00%	1.0000	1.0449	4.49
FP NGS Davies 1968 X	11 - individual pension - stock market managed fund	2	Series 1	1.00%	1.0000	1.0344	3.44
FP NGS Davies 1968 B	12-individual pension - balanced managed fund	5	Series 1	1.00%	1.0000	1.0310	3.10
FP NGS Davies 1999 U	11 - individual pension - stock market managed fund	2	Series 1	1.00%	1.0000	1.0266	2.66
FP NGS Davies 1999 D	11 - individual pension - stock market managed fund	8	Series 1	1.00%	1.0000	1.0236	2.36
FP NGS Davies 1999 E	12-individual pension - balanced managed fund	4	Series 1	1.00%	1.0000	1.0219	2.19
FuturePlanner Global Equity Fd	11 - individual pension - stock market managed fund	1527	Series 1	1.00%	1.0000	0.9893	(1.07)
FuturePlanner Corporate Bd Fd	12-individual pension - balanced managed fund	345	Series 1	1.00%	1.0000	1.0017	0.17

### Form 55 (Sheet 19)

### Long-term insurance business : Unit prices for internal linked funds

Name of insurer Friends Life and Pensions Limited

Total business

Financial year ended 31 December 2011

Fund name	Type of fund	Net assets	Main series	Unit management charge	Price at previous valuation date	Price at current valuation date	Change in price during year
1	2	3	4	5	6	7	8
FuturePlanner Government Bd Fd	12-individual pension - balanced managed fund	426	Series 1	1.00%	1.0000	1.0751	7.51
FuturePlanner Gov Idx Lnkd Bd	12-individual pension - balanced managed fund	14	Series 1	1.00%	1.0000	1.0383	3.83
FuturePlanner Cash Fund	13 - individual pension - defensive managed fund	465	Series 1	1.00%	1.0000	1.0007	0.07
P-Solve Long Term Growth Fund	11 - individual pension - stock market managed fund	4070	Series 1	1.00%	1.0000	1.0053	0.53
P-Solve Stable Growth Fund	12-individual pension - balanced managed fund	7197	Series 1	1.00%	1.0000	1.0065	0.65
P-Solve Pre-Retirement Wealth	12-individual pension - balanced managed fund	8193	Series 1	1.00%	1.0000	1.0414	4.14
P-Solve Retirement Protection	13 - individual pension - defensive managed fund	1199	Series 1	1.00%	1.0000	1.0528	5.28

Form 57

Long-term insurance business: Analysis of valuation interest rate

Name of insurer Friends Life and Pensions Limited

Total business Total Long Term Insurance Business

Financial year ended 31 December 2011

Product group	Net mathematical reserves	Net valuation interest rate	Gross valuation interest rate	Risk adjusted yield on matching assets
1	2	3	4	5
UK F51 Pensions NP	1559518	3.57%	3.57%	3.79%
UK F51 Pensions NP	36345	2.10%	2.10%	2.24%
UK F51 Pensions NP	38180	2.40%	2.40%	2.50%
UK F51 Pensions NP (Secure Growth Fund)	358139			4.38%
UK F52 Pensions	1017	2.90%	2.90%	3.81%
UK F53 Pensions NL	45138	2.40%	2.40%	2.50%
UK F53 Pensions NL	8573	2.10%	2.10%	2.24%
UK F53 Pensions NL (Secure Growth Fund)	146714			4.38%
Miscellaneous UK F51 Pensions NP	166	n/a	n/a	1.98%
Miscellaneous UK F53 Pensions NL	50534	n/a	n/a	1.98%
Total	2244324			

### Long-term insurance business : Distribution of surplus

Name of insurer Friends Life and Pensions Limited

Total business / subfund Total Long Term Insurance Business

Financial year ended 31 December 2011

Units £000

Financial year	Previous year
1	2

### Valuation result

Fund carried forward	11	12874124	12558450
Bonus payments in anticipation of a surplus	12		
Transfer to non-technical account	13		
Transfer to other funds / parts of funds	14		
Subtotal (11 to 14)	15	12874124	12558450
Mathematical reserves	21	12780584	12427435
Surplus including contingency and other reserves held towards the capital requirements (deficiency) (15-21)	29	93540	131015

### **Composition of surplus**

Balance brought forward	31	131015	147101
Transfer from non-technical account	32		
Transfer from other funds / parts of fund	33		
Surplus arising since the last valuation	34	(37475)	(16086)
Total	39	93540	131015

### Distribution of surplus

Bonus paid in anticipation of a surplus	41		
Cash bonuses	42		
Reversionary bonuses	43		
Other bonuses	44		
Premium reductions	45		
Total allocated to policyholders (41 to 45)	46		
Net transfer out of fund / part of fund	47		
Total distributed surplus (46+47)	48		
Surplus carried forward	49	93540	131015
Total (48+49)	59	93540	131015

### Percentage of distributed surplus allocated to policyholders

Current year	
Current year - 1	
Current year - 2	
Current year - 3	

Form 60

### Long-term insurance capital requirement

Name of insurer Friends Life and Pensions Limited

Global business

Financial year ended 31 December 2011

Units £000

LTICR factor	Gross reserves / capital at risk	Net reserves / capital at risk	Reinsurance factor	LTICR Financial year	LTICR Previous year
1	2	3	4	5	6

#### Insurance death risk capital component

Life protection reinsurance	11	0.0%					
Classes I (other), II and IX	12	0.1%					100
Classes I (other), II and IX	13	0.15%					
Classes I (other), II and IX	14	0.3%					1766
Classes III, VII and VIII	15	0.3%	2886	2886	1.00	9	11
Total	16		2886	2886		9	1877

### Insurance health risk and life protection reinsurance capital component

Class IV supplementary classes 1 and 2 and life	21			97	
protection reinsurance					l

#### Insurance expense risk capital component

Life protection and permanent health reinsurance	31	0%					
Classes I (other), II and IX	32	1%	2143898	2006844	0.94	20068	29500
Classes III, VII and VIII (investment risk)	33	1%	308171	308171	1.00	3082	3233
Classes III, VII and VIII (expenses fixed 5 yrs +)	34	1%	2426874	2426874	1.00	24269	25664
Classes III, VII and VIII (other)	35	25%				8557	4520
Class IV (other)	36	1%					55
Class V	37	1%					
Class VI	38	1%					
Total	39					55976	62972

### Insurance market risk capital component

Life protection and permanent health reinsurance	41	0%					
Classes I (other), II and IX	42	3%	2143898	2006844	0.94	60205	88499
Classes III, VII and VIII (investment risk)	43	3%	308171	308171	1.00	9245	9698
Classes III, VII and VIII (expenses fixed 5 yrs +)	44	0%	2426874	2426874			
Classes III, VII and VIII (other)	45	0%	12685736	8038696			
Class IV (other)	46	3%					165
Class V	47	0%					
Class VI	48	3%					
Total	49		17564679	12780584		69450	98362

Long term insurance capital requirement	51					125435	163308
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### **Supplementary Notes to the Return**

Friends Life and Pensions Limited Global Business Financial Year End 31 December 2011

### \*0301\* Reconciliation of net admissible assets to the total capital resources

	2011 £000	2010 £000
Total admissible assets (other than long-term)	166,297	132,230
Total admissible assets (long-term)	12,918,828	14,263,108
	13,085,125	14,395,338
Less:		
Mathematical reserves after distribution of surplus	12,780,584	12,427,435
Other insurance & non-insurance liabilities	44,703	1,704,658
Liabilities other than long-term business	8,675	7,658
Net admissible assets	251,163	255,587
Form 3 Line 79 Capital resources after deductions	251,163	255,587

### \*0310\* Valuation Differences

Negative valuation differences included within line 14 are:		
In respect of liabilities valued lower than in the Companies Act accounts	2011	2010
	£000	£000
Deferred taxation	14,395	15,409
Deferred front end fees	7,399	6,931
Value of unfunded units	2,899	5,811
	24,693	28,151
In respect of liabilities valued higher than in Companies Act accounts		
Further provision for mortality (non-linked)	18,690	6,166
Additional reserves in respect of reinsurer credit risk (non-linked)	13,853	17,205
Other actuarial reserve	5,000	10,000
	37,543	33,371
Total equalling Form 3 Line 35	12,850	5,220

### \*0313\* Reconciliation of profit and loss account and other reserves

	2011	2010
	£000	£000
Profit and loss account reserves b/fwd	459,043	(203,243)
Profit and loss account reserves c/fwd	453,660	459,043
Movement	(5,383)	662,286
Share capital reduction	-	(723,000)
Capital injection	(30,000)	-
Deficit on UK GAAP basis	38,436	20,945
Total equalling Form 16 line 59	3,053	(39,769)

### \*1112\* & \*1212\* Class IV business

Forms 11 and 12 have been omitted from the return as the Class IV business previously carried on by the Company which gave rise to the need to prepare these forms was transferred under the Part VII Scheme referred to in supplementary note 4004.

#### **Supplementary Notes to the Return**

Friends Life and Pensions Limited Global Business Financial Year End 31 December 2011

#### \*1301\* & \*1308\* Aggregate value of investments:

- i) The Company held unlisted fixed interest securities valued at £1.0m.
- ii) Lines 41, 46 & 48 include assets to the value of £10.7m where, due to market conditions, the latest valuation available did not reflect active trading as at the valuation date.
- iii) There were no units or beneficial interests in collective schemes, which were not UCITS or authorised schemes.
- iv) There were no reversionary interest or remainders in property other than land or buildings.
- v) Line 48 has decreased in 2011 due to the asset backing a reinsurance treaty being transferred under the Part VII Scheme referred to in supplementary note 4004.

#### \*1302\* & \*1309\* Aggregate value of hybrid securities

The Company held hybrid securities valued at £88.74m in the long-term fund and £3.2m in the shareholder fund.

#### \*1304\* & \*1310\* Extent to which amounts have been set off

Certain amounts shown in Forms 13, 14 and 15 have been calculated by netting amounts due to any one person against amounts due from that person.

### \*1305\* & \*1319\* Maximum counterparty limits permitted

The Company has operated its investment guidelines throughout the period in line with INSPRU 2.1.22R. Investments are managed with reference to the limited prescribed by counterparty and asset exposure limits. Circumstances can exist where, on occasion, the Company maintains holdings in excess of permitted asset and counterparty exposure limits; in these cases, the continued holding has to be reported to the Investment Oversight Committee and Actuarial Function Holder of the Company. The Company's principal fund manager, F&C Asset Management plc ("F&C"), maintains a list of approved counterparties with limits based on the degree of risk inherent in each counterparty. F&C monitors regularly that actual exposures fall within approved limits. These restrictions apply equally to counterparties other than approved counterparties.

Actual counterparty exposure is regularly monitored through reports to the Investment Oversight Committee. There were no occasions during the financial year on which counterparty limits specified in the investment guidelines were exceeded.

#### \*1318\* Details of amounts in line 101

	Long term insurance business 2011 £000	Other than long term insurance business 2011	Long term insurance business 2010 £000	Other than long term insurance business 2010 £000
Variation margin	-	-	50	_
Taxation creditors netted off in accounts		(1,245)	-	(7,658)
Total line 101	-	(1,245)	50	(7,658)

#### **Supplementary Notes to the Return**

Friends Life and Pensions Limited Global Business Financial Year End 31 December 2011

#### \*1324\* Market risk and counterparty limits

The FSA issued to the firm in June 2009 a direction under section 148 of the Act. The direction allowed for the amendment of rule INSPRU 2.1.22R by the addition of the following subparagraph (7):

"(7) For the purpose of this rule, a group of persons is not closely related by reason of the relationship described in INSPRU 2.1.40R(1) if control is exercised by, or on behalf of, HM Treasury."

#### \*1401\* & \*1501\* Provision for reasonably foreseeable adverse variations

The Company's assets are valued on a mark to market basis. Where this is not possible, mark to model is calculated on a prudent basis and incorporates all necessary valuation adjustments required by GENPRU 1.3.30R to GENPRU 1.3.33R.

All obligations arising out of derivative contracts were required to be covered and accordingly no provision was made for any adverse change in the value of assets, of indices of assets to which the contract relates or for any change in the value of any asset held by the company.

#### \*1402\* & \*1502\* Contingent Liabilities

- i) No charge has been made on the assets of the Company to secure the liabilities of any other person.
- ii) No provision has been made (2010 £nil) for liability to tax on capital gains which would arise if the Company disposed of its total business assets. The potential liability is £nil.
- iii) The Company has a contingent liability in respect of compensation that could become payable to certain policyholders who effected personal pension contracts and who may have been given inappropriate advice in relation thereto.
  - The company has a provision of £nil (2010 £0.2m) in line 11 of Form 14 for the expected costs of the compensation. The final costs may be in excess of this figure and there may also be a contingent liability in respect of the Financial Services Compensation Scheme.
- iv) The Company has no guarantees, indemnities or other contractual commitments affected other than in the ordinary course of insurance business and in respect of related companies.
- v) The FSA and other regulatory bodies may wish, in future, to examine the suitability of past sales and associated administration of products that could affect the Company and the industry in general. The directors of the Company also conduct ongoing reviews of such products. As a result, it is possible that additional unprovided liabilities could arise.
- vi) There are no other fundamental uncertainties.

#### **Supplementary Notes to the Return**

Friends Life and Pensions Limited Global Business Financial Year End 31 December 2011

#### \*1405\* & \*1507\* Other adjustments to liabilities

	2011 Long term insurance business	2011 Other than long term insurance business	2010 Long term insurance business	2010 Other than long term insurance business
	£000	£000	£000	£000
Deferred tax	14,395	-	15,409	-
Deferred front-end fees	7,400	-	6,931	-
Companies Act accounts fair value adjustment				
to liabilities	(34,645)	-	(27,560)	-
Variation margin	-	-	50	-
Taxation creditors netted off in accounts	-	(1,245)	-	(7,658)
Assets included in Companies Act accounts,				
excluded for FSA purposes	(12,850)	(1,245)	(5,170)	(7,658)

#### \*1601\* & \*4005\* Basis of conversion for foreign currency

Assets and liabilities held in foreign currencies are expressed in sterling at rates ruling at the balance sheet date.

Income and expenditure denominated in foreign currencies are translated at rates ruling on the date on which the transaction occurs.

### \*1700\* Forms omitted from the return

Form 17 for the other than long-term insurance business has been omitted because all entries would be blank.

#### \*1701\* Variation margin

The aggregate value of excess variation margin needed to be repaid due to underlying market movements is £nil. Variation margin of £35,000 has been included in Form 13 line 54 and Form 14 line 38.

#### \*1702\* Quasi-derivatives

The aggregate value of quasi-derivatives did not exceed 2.5 per cent of the assets at line 89 of Form 13.

#### \*4002\* Other Income and Expenditure

Other expenditure compromises of

	2011	2010
	£000	£000
Fund management charge rebate to Friends Life Limited ("FLL")	27,081	26,483
	27,081	26,483

#### **Supplementary Notes to the Return**

Friends Life and Pensions Limited Global Business Financial Year End 31 December 2011

#### \*4004\* Business transfers-out

On 1 December 2011 the company transferred part of its long-term fund to Friends Life Limited, in accordance with a Court Scheme under Part VII of the FSMA 2000. The policies transferred consisted of immediate pensions annuities, conventional life business and pensions protection business. The total amount of net assets transferred out of the long-term fund was £33m, which was equal to the net of reinsurance mathematical reserves transferred.

#### \*4008\* Arrangements for provision of management services

Management services were provided during the year by Friends Provident Management Services Limited, a wholly owned subsidiary of Friends Provident Holdings (UK) plc (formerly Friends Provident Holdings (UK) Limited).

Investment management and advisory services were provided during the year by F&C Asset Management Limited (formerly FP Fund Managers Limited) and F&C REIT (formerly F&C Property Asset Management), both wholly owned subsidiaries of F&C Asset Management plc.

#### \*4009\* Material connected party transactions

#### Reassurance accepted from FLL

During the period 1 January 2011 to 31 December 2011 the company held several reassurance agreements, exceeding 5% of the company's long-term insurance business liabilities, with its parent undertaking FLL, principally consisting of pension business written in FLL. During this period, the company had accepted £718m of reassurance premiums and incurred £398m of reassurance claims.

The movements above comprised the following:

The recapture of an existing reinsurance treaty, covering the reinsurance of immediate pension annuities from Friends Provident Life Assurance Limited to Friends Life and Pensions Limited occurred in June 2011; the movement in the year was £463m of reassurance premiums.

A new reinsurance treaty was implemented in June 2011, covering the reinsurance of immediate pension annuities from Friends Life Limited (non profit fund) into Friends Life and Pensions Limited; the movement in the year was £73m of reassurance premiums and incurred £3m of reassurance claims.

#### \*4401\* Basis of asset valuation within internal linked funds

Assets within this Form have been valued as follows:

- a) Listed investments have been valued at market prices consistent with the pricing basis within those funds.
- b) OEICs are carried at market value at the balance sheet date.
- c) Other investments have been valued on a prudent basis having regard to their likely realisable value.

### \*4402\* Rights and liabilities under derivative contracts

At the end of 2011 rights of £2,053,000 and liabilities of £9,518,000 were held under derivative contracts.

#### \*4403\* Variation margin

There is a liability to repay a variation margin of £578,000 at the year-end

#### **Supplementary Notes to the Return**

Friends Life and Pensions Limited Global Business Financial Year End 31 December 2011

#### \*4502\* Other expenditure

Other expenditure consists of

	2011	2010
	£000	£000
Transaction costs	8,218	9,214
Custodian charges	680	713
Interest payable	18	-
Miscellaneous charges	(78)	12
Total other expenditure	8,838	9,939

#### \*4802\* Interest in default

Where the payment of income is in default, the expected income in Form 48 is £nil.

### \*4901\* Rating agencies

The majority of ratings used in Form 49 were provided by either Standard & Poor's or Moody's. Where ratings were not available from these agencies, ratings provided by Fitch ratings agency have been used where available. It was not possible to separately identify "CCC" rated bonds from those of non-investment grade. All "CCC" rated bonds have, therefore, been included in L38.

#### \*5600\* Index-linked assets

Index-linked assets do not exceed £100m, and consequently there is no requirement to complete Form 56.

#### \*5702\* Risk adjusted yield

The FSA, on application of the firm, made a direction under section 148 of the Financial Services and Markets Act 2000 in August 2009. The effect of the direction is to modify the provisions of INSPRU 3.1.35R and IPRU(INS) Appendix 9.3 so that a more appropriate rate of interest is used for assets taken in combination.

The yields in accordance with INSPRU 3.1.35R as amended, before and after risk adjustment, are shown below.

D. L. G	Total Long Term Insurance Business	
Product Group	Yield	Risk Adjusted Yield
UK F51 Pensions NP	4.25%	3.79%
UK F51 Pensions NP	2.26%	2.24%
UK F51 Pensions NP	2.53%	2.50%
UK F51 Pensions NP (Secure Growth Fund)	4.83%	4.38%
UK F52 Pensions	4.27%	3.81%
UK F53 Pensions NL	2.53%	2.50%
UK F53 Pensions NL	2.26%	2.24%
UK F53 Pensions NL (Secure Growth Fund)	4.83%	4.38%
Miscellaneous UK F51 Pensions NP	2.00%	1.98%
Miscellaneous UK F53 Pensions NL	2.00%	1.98%

Additional information on derivative and quasi-derivative contracts (IPRU (INS) rule 9.29)
Friends Life and Pensions Limited
Financial year ended 31 December 2011

#### **Derivative Contracts**

The following information is included pursuant to IPRU (INS) 9.29.

- a) Investment Guidelines.
  - Investment guidelines operated by the company during 2011 were to use derivative contracts only for the purpose of efficient portfolio management or a reduction in investment risk. Derivatives are not permitted to be used without specific authority of senior management. All obligations arising out of derivative contracts are required to be covered.
- b) Guidelines in respect of derivatives not likely to be exercised.
  - The guidelines make no explicit provision for the use of derivatives which the Company has a right or obligation to acquire or dispose of assets which are not, at the time when the contract is entered into, reasonably likely to be exercised. Therefore, providing such derivatives meet the over arching investment guidelines stated above, that they are held for efficient portfolio management or a reduction in investment risks, they are permitted.
- Use of derivatives not likely to be exercised.
   The long-term fund held derivatives during the year, which at the time when acquired were not likely to be exercised. These were held for purpose of protecting the fund from interest rate sensitivity.
   No other contracts were entered into during the financial year that were not, at the time of entry, reasonably likely to be exercised.
- d) The Company held no derivative contracts during the financial year other than permitted derivative contracts under permitted links rules, and nor did any contracts require a significant provision to be made under INSPRU 3.2.17R.
- e) The company did not grant rights under derivative contracts during the financial year.

Returns under the Interim Prudential Sourcebook for Insurers Statement of additional information on controllers required by IPRU (INS) 9.30 Friends Life and Pensions Limited Financial year ended 31 December 2011

The following information is included pursuant to IPRU (INS) 9.30.

- (a) The persons who, to the knowledge of the Company, were controllers at any time during the financial year were:
  - (i) Friends Life Limited (formerly Friends Provident Life and Pensions Limited);
  - (ii) Friends Life FPL Limited (formerly Friends Provident Limited);
  - (iii) Friends Life FPG Limited (formerly Friends Provident Group plc);
  - (iv) Friends Life Group plc (formerly Friends Provident Holdings (UK) plc);
  - (v) Resolution Holdings (Guernsey) Limited;
  - (vi) Resolution Holdco No 1 LP;
  - (vii) Resolution Limited;
- (b) The persons who, to the knowledge of the Company, were controllers at the end of the financial year were:
  - (i) Resolution Limited

As at 31 December 2011, Resolution Limited owned 99.99% of the Shares of Resolution Holdco No 1 LP, a company of which Friends Life and Pensions Limited is a subsidiary undertaking and was able to exercise 100% of the voting power at any general meeting.

(ii) Resolution Holdco No 1 LP

As at 31 December 2011, Resolution Holdco No 1 LP owned 100% of the Shares of Resolution Holdings (Guernsey) Limited, a company of which Friends Life and Pensions Limited is a subsidiary undertaking and was able to exercise 100% of the voting power at any general meeting.

(iii) Resolution Holdings (Guernsey) Limited

As at 31 December 2011, Resolution Holdings (Guernsey) Limited owned 100% of the Shares of Friends Life Group plc, a company of which Friends Life and Pensions Limited is a subsidiary undertaking and was able to exercise 100% of the voting power at any general meeting.

(iv) Friends Life Group plc

As at 31 December 2011, Friends Life Group plc owned 100% of the Shares of Friends Life FPG Limited, a company of which Friends Life and Pensions Limited is a subsidiary undertaking and was able to exercise 100% of the voting power at any general meeting.

(v) Friends Life FPG Limited

As at 31 December 2011, Friends Life FPG Limited owned 100% of the Shares of Friends Life FPL Limited, a company of which Friends Life and Pensions Limited is a subsidiary undertaking and was able to exercise 100% of the voting power at any general meeting.

(vi) Friends Life FPL Limited

As at 31 December 2011, Friends Life FPL Limited owned 100% of the Shares of Friends Life Limited, a company of which Friends Life and Pensions Limited is a subsidiary undertaking and was able to exercise 100% of the voting power at any general meeting.

(vii) Friends Life Limited

As at 31 December 2011, Friends Life Limited owned 100% of Friends Life and Pensions Limited and was able to exercise 100% of the voting power at any general meeting.

# ABSTRACT OF VALUATION REPORT ACCORDING TO APPENDIX 9.4 OF THE INTERIM PRUDENTIAL SOURCEBOOK FOR INSURERS.

#### 1. Introduction

- (1) The investigation relates to 31<sup>st</sup> December 2011.
- (2) The previous investigation related to 31<sup>st</sup> December 2010.
- (3) Not applicable.

#### 2. Product Range

#### New products

No new products were launched in 2011.

#### Changes to existing products

#### 1. NGP Group Personal Pension and Group Stakeholder Pension Plan

Change to the employee charge reduction (ECR) benefit to allow leavers to continue to benefit from a reduced annual management charge (AMC) provided a minimum level of contribution is maintained.

#### Products Withdrawn

No products were withdrawn in 2011. However, the following products were subject to a Part VII transfer to Friends Life Ltd (FLL):

- all pension immediate annuity policies externally reinsured to Windsor Life;
- all immediate annuities written by London & Manchester Pensions up to and including 31 December 1998;
- all annuities written by Friends Provident Corporate Pensions from and including 1 January 1999 to and including 8 July 2001;
- the immediate annuities reinsured from F&C Managed Pension Funds;
- all pension protection products; and
- all level term assurance, decreasing term assurance and life insurance products.

#### 3. Discretionary Charges and Benefits

- (1) No market value reduction (MVR) factors were applied during 2011 on unitised with-profits contracts.
- (2) Not applicable.

3) The interest rate added during the year for non-profit deposit administration benefits was as follows:

Plan Type	Annual Rate of Interest Addition
	Applied from 01.01.2011 to 31.12.2011
Transplan	3.5%
Compass (88) Pension Plan, Passbook Pension Plan, Passbook (92) Pension Plan, Transplan (88), Bespoke, Total Pension Plan, Executive Total Pension Plan, Transplan Plus, Group Personal Pension Plan, Group Money Purchase Plan, Group Money Purchase Plan Executive Option, Trustees' Investment Plan, Multibenefit Pension Solutions, Transplan GMP, Transplan Protected Rights Bulk Buyout, Personal Pension Plan – New Generation, Money Purchase plan – New Generation, Premier Retirement Plan, Group Secure Growth Plan, Voluntary Benefits Plan, Secure Growth Investment Only Plan, Compass Pension Plan, Combine Pension Plan, Combine (86) Pension Plan, Combine (90) Pension Plan, Combine GMP, Combine Final Salary and Combine Multibenefit	5.5% before charges

- (4) Policy fees for certain products are linked to the RPI. The RPI from October 2009 to October 2010 was 4.5%, but due to freezing the charges last year when there was negative inflation (-0.8%), the charges in 2011 were 3.7% higher than in 2010. The relevant business is:
  - Passbook Pension Plan
  - Passbook (88)
  - Passbook (92)
  - Compass Pension Plan
  - Combine Pension Plan
  - Combine (86)
  - Combine (90)
  - Combine Final Salary
  - Combine Group Money Purchase
  - Combine Money Purchase
  - Combine Multibenefit
  - Total Pension Plan
  - Executive Total Pension Plan
  - Bespoke
  - Group Personal Pension Plan
  - Multibenefit Pension Solutions
  - Transplan Group Money Purchase Plan
  - Personal Pension Plan Series 2 sold through IFAs
  - Money Purchase Plan

Policy fees for certain products had to be reduced in line with inflation last year, so the full increase of 4.5% will apply to those products. The relevant business is:

- Group Money Purchase Plan
- Group Money Purchase Plan Executive

For 2011, the NAE index was replaced by the Average Weekly Earnings (AWE) Index from August 2009 to August 2010. Policy fees for the following products have been increased by 2.1%, in line with the AWE index, in 2011:

- Retirement Investment Bond
- Personal Pension Plan Series 1
- Personal Pension Plan Series 2 sold directly
- (5) There have been no changes to benefit charges (mortality, morbidity, etc) on linked policies during the year.
- (6) There have been no changes to unit management charges during the year.
- (7) Unit Pricing
  - (a) Description of Methods
    - (i) Units are allocated to policies at offer price and cancelled at bid price.
    - (ii) Normally the valuation will take into account the cost of acquisition or sale of the constituent assets and any taxes, duties, charges or other expense payable on purchase/sale.

If a fund is being priced on a 'creation' or 'steady state' basis (see (iii) below), the offer price is calculated by adjusting the unit price calculated on that basis to allow for the accrued annual management charge, any tax provision on gains and rounding. The bid price is then calculated by deducting the initial management charge, if any.

If a fund is being priced on a 'cancellation' basis, the bid price is calculated by adjusting the unit price calculated on that basis to allow for the accrued annual management charge, provision for tax on gains and rounding. The offer price is then calculated by adding the initial management charge, if any.

- (iii) The net asset value of units is determined at valuations of the appropriate funds, required to be made at least once each calendar month but normally made daily at midnight. The use of a 'creation' or 'steady state' or 'cancellation' basis depends on whether or not the Company considers that a fund is growing, steady or declining. For the 'creation' basis, asset valuations will be based on the prices at which the funds can buy assets in the market. For the 'cancellation' basis, asset valuations will be based on the prices at which funds can sell assets in the market. For the 'steady state' basis, asset valuations will be based on a mid market value.
- (iv) Regular premiums are allocated at the current day's price, based on the previous midnight pricing valuation point. Single premiums are allocated in accordance with policy conditions, which vary by product, and are generally based on the previous or current day's price. Switches are generally dealt with as follows:
  - If the request is received by post, the current day's price is used.
  - If the request is received online, by fax, or by email, the next day's price is used.
- (b) There is no variation between the pricing bases used for different policies other than through the use of different initial and annual management charges.

- (c) For collective investment schemes, the processes are similar to those for internal linked funds.
- (8) Not applicable.
- (9) Not applicable.
- (10) Where internal linked funds invest in units in permitted scheme interests that are exclusively authorised Open-Ended Investment Companies (OEICs) managed by F&C Asset Management Limited, the internal linked fund receives a management charge rebate to ensure that the overall annual management charge to the policyholders is maintained.

In respect of the Investment Trust Retirement Annuity (ITRA) contract the Company holds JP Morgan Fleming Investment Trust units to match the liabilities. The Company receives a rebate of 0.875% per annum from the annual charge, which it retains.

#### 4. Valuation Basis (Other Than for Special Reserves)

Except as noted below, all policies have been valued using prospective methods.

- (1) Valuation Methods Used
  - (a) General Method
    - (i) For conventional non-profit business, a gross premium valuation has been adopted.
    - (ii) The valuation liabilities for unit-linked contracts shown in Form 53 are equal to the value of units allocated together with mortality and sterling reserves where appropriate. The method for calculating sterling reserves is that described in JIA Vol. 105 Part III, except that a prudent allowance is made for policies becoming paid-up. Sterling reserves are calculated allowing for any surrender penalties. If a negative sterling reserve is calculated then the amount is limited to the size of the surrender penalty.
    - (iii) The reserve for accumulating with-profits contracts is determined by calculating:
      - the face value of the contract (allowing for guaranteed bonus rates where applicable); and
      - the amount that would reasonably be expected to be paid in the event of a significant level of policy discontinuances. This amount is calculated taking into account any circumstances in which an MVR is guaranteed not to apply and allowing for future reversionary bonus implicit in treating customers fairly in the event that experience were to follow the valuation basis.

The lower of these two is compared with the result of a bonus reserve valuation and the reserve is taken to be the higher.

#### (b) General Principles

- (i) All policies are valued individually and any negative reserves that arise from the valuation methodology are eliminated.
- (ii) All linked valuation liabilities ceded to external reinsurers have been reduced by 0.33% to allow for credit risk.

#### (c) Non Standard Methods

Exception where a non standard method has been used is as follows:

- in respect of deposit administration benefits, policyholders have expectations of annual interest additions. These have arisen from policy literature describing the operation of the Secure Growth Fund. The annual interest addition will be a smoothed rate of return on the underlying types of asset deemed appropriate to meet this objective. In the valuation, the face

values of policyholder accounts are restated consistent with assets at market value to ensure any earnings on assets not yet declared are reserved for the future benefit of policyholders.

#### (2) Valuation Interest Rates

	31.12.2011	31.12.2010
	Pens %	Pens %
Investment Trust Retirement Annuity	1.00	1.00
Annuities in Possession (Pre July 2001)	4.09	4.81
Annuities in Possession (Post July 2001)	3.57	4.46
Regular Premium Term Assurances	2.40	3.50
Other non-profit and linked business	2.90	3.50
GAO Reserve	2.10	3.60
Unitised With Profits	2.90	3.50

#### (3) Adjustment to Yields for Risk

- (a) Yields on British Government fixed-interest and index-linked securities are assumed to be free of default risk and therefore no adjustments are made to their yields.
- (b) The internal rates of return on corporate bonds have been reduced to make a prudent allowance for the risk of default. This allowance assumes a long-term expected level of defaults, based on an analysis of the historical losses and recoveries from 1920 onwards, plus a margin for prudence. In addition, a further short-term deduction has been applied to the yields to reflect the increased likelihood of defaults given the recent stressed conditions within the credit markets.

The deduction for individual bonds may be restricted such that the risk-adjusted yield is not less than that on a British Government security of equivalent duration.

The following deductions have been made from gross redemption yields:

Credit	Term to Redemption (years)						
Rating	0-10	10-20	20+				
AAA	11	13	14				
AA	70	52	47				
A	132	83	74				
BBB	254	167	150				
BB	432	307	266				
В	678	505	438				
Below B	1485	924	757				

For subordinated debt, the above deductions are increased by a factor of 1.2.

(c) In compliance with INSPRU 3.1.37R, the running yield on equities is calculated as the greater of the dividend yield and the average of the dividend yield and the earnings yield. This yield, and the yield on property, are capped at the long-term gilt yield plus 4% pa.

(4) The mortality tables used in the valuation are as follows (ultimate mortality except where stated):

	31.12	.2011	31.12.2010		
	Male	Female	Male	Female	
Unitised Business	110% AMC00	110% AFC00	110% AMC00	110% AFC00	
Individual Annuities and Deferred Annuities once in payment (Pre July 2001)	83-92% PCMA00	74-87% PCFA00	84-93% RMV00	87-93% RFV00	
Individual Annuities and Deferred Annuities once in payment (Post July 2001)	75-92% PCMA00	78-87% PCFA00	59-93% RMV00	61-93% RFV00	
Group Annuities (Pre July 2001)	97% PCMA00	92% PCFA00	82-93% PCMA00	90-93% PCFA00	
Group Annuities (Post July 2001)	73-97% PCMA00	83-92% PCFA00	70-93% PCMA00	77-93% PCFA00	
Deferred Annuity in Deferment	65% AMC00	55% AFC00	65% AMC00	55% AFC00	

Where a range of percentages is shown the percentage varies by age.

For annuities in payment and annuities in deferment, the complete expectation of life assumed by the above mortality tables is shown below:

Individual Annuities and Deferred Annuities once in payment (Pre July 2001) Modified PCMA00/PCFA00 for 2011, Modified RMV00/RFV00 for 2010

Current	Expectation	31.12.2011		31.12.2010		
Age	at Age	Male	Female	Male	Female	
45	65	28.57	30.94	29.49	30.88	
55	65	26.95	29.42	27.15	29.06	
65	65	25.44	27.88	24.94	27.32	
75	75	15.77	17.70	15.47	17.27	

Individual Annuities and Deferred Annuities once in payment (Post July 2001) Modified PCMA00/PCFA00 for 2011, Modified RMV00/RFV00 for 2010

Current	Expectation	31.12.2011		xpectation 31.12.2011 31.12.201		.2010
Age	at Age	Male	Female	Male	Female	
45	65	28.85	30.74	30.46	31.59	
55	65	27.26	29.19	28.21	29.83	
65	65	25.77	27.63	26.09	28.16	
75	75	15.97	17.55	16.07	17.77	

Group Annuities (Pre July 2001)

Modified PCMA00/PCFA00 for 2011, Modified PCMA00/PCFA00 for 2010

Current	Expectation	31.12.2011		011 31.12.2010	
Age	at Age	Male	Female	Male	Female
45	65	27.61	29.98	29.60	30.05
55	65	25.95	28.40	27.15	28.11
65	65	24.42	26.80	24.83	26.26
75	75	14.95	16.84	15.21	16.50

### Group Annuities (Post July 2001) Modified PCMA00/PCFA00 for 2011, Modified PCMA00/PCFA00 for 2010

Current	Expectation	31.12.2011		<b>Expectation</b> 31.12.2011 3:		31.12	.2010
Age	at Age	Male	Female	Male	Female		
45	65	28.40	30.24	30.10	30.52		
55	65	26.81	28.68	27.70	28.61		
65	65	25.35	27.12	25.42	26.80		
75	75	15.48	17.04	15.53	16.83		

Improvements for statutory bases are applied from 2001 based on 100% of the CMI\_2011 mortality projections model with a long term rate of 2% p.a. for both males and females.

- (5) No morbidity risk is accepted.
- (6) Expense Bases

Renewal commission is allowed for at the actual rate payable for each business type.

The expenses shown below are in respect of all maintenance expenses for conventional business and attributable expenses for unitised business.

			31.12.20	)11		31.12.2010				
Class		Zillmer adj. % SA	Annual Expense £	Invest- ment Expense % of Fund pa	% of Premium	Zillmer adj. % SA	Annual Expense £	Invest- ment Expense % of Fund pa	% of Premium	
Annuity (400)	All	N/a	11.54	0.060	0	N/a	18.45	0.060	0	
UWP regular	Premium Paying	N/a	34.58	0.125		N/a	30.44	0.125	0	
premium pension (525 / 545)	Otherwise		21.31	0.125	0		20.82	0.125	0	
UWP single premium pension (525 /545)	All	N/a	17.64	0.125	0	N/a	17.15	0.125	0	
UWP group regular	Premium Paying	N/a	34.58	0.125		N/a	30.44	0.125		
premium pension (535)	Otherwise		21.31	0.125	0		20.82	0.125	0	
UWP group single premium pension (535)	All	N/a	17.64	0.125	0	N/a	17.15	0.125	0	
UL regular premium pension (725)	Premium Paying	N/a	17.02	0.100 / 0.085 *	0	0	N/a	14.64	0.100 / 0.085 *	0
pension (723)	Otherwise		10.08	0.100 / 0.085 *			10.29	0.100 / 0.085 *		
UL single premium pension (725)	All	N/a	8.88	0.100 / 0.085 *	0	N/a	8.25	0.100 / 0.085 *	0	
UL group regular premium pension	Premium Paying	N/a	17.02	0.100 / 0.085 *	0	N/a	14.64	0.100 / 0.085 *	0	
(735)	Otherwise		10.08	0.100 / 0.085 *			10.29	0.100 / 0.085 *		
UL group single premium pension (735)	All	N/a	8.88	0.100 / 0.085 *	0	N/a	8.25	0.100 / 0.085 *	0	

<sup>\*</sup> For unit-linked pension products the Investment Expenses are 0.100% p.a. for business written prior to 01/01/2011 and 0.085% p.a. for business written after that date.

(7) The unit growth rates for gross and net linked business (before management charges) and the inflation rates assumed for future expenses and future increases in policy charges are shown below:

		31.12.2011		31.12.2010			
	Unit Growth % p.a.		Expense Inflation	Unit Growth % p.a.		Expense Inflation	
	Gross	Net	% p.a.	Gross	Net	% p.a.	
Conventional Non Profit	N/a	N/a	4.2	N/a	N/a	4.4	
Unitised	2.9	2.3	4.2	3.5	2.8	4.4	

For policies with explicit policy charges, these charges increase in line with the RPI or National Average Earnings Index. We have assumed that future RPI is 2.7% p.a., and that future NAE is 1.5% higher at 4.2% p.a.

(8) The future bonus rate used in valuing unitised with-profits business is 0.97% p.a.

The benefit value (including liability for bonuses) is 100% reinsured to Friends Life Limited.

(9) A summary of the lapse assumptions is shown below:

Product		Average Annual Lapse / Surrender / Paid-up Rate for Policy Years				
		1-5 6-10 11-15 16-				
		%	%	<b>%</b>	<b>%</b>	
UWP Individual Pension	PUP	16.1	7.3	5.2	5.2	
UL Individual Pension	PUP	16.1	7.3	5.2	5.2	
UL Group Pension	PUP	21.3	15.6	15.6	15.6	

The lapse / surrender rates for all other products are assumed to be zero.

- (10) There are no other material assumptions.
- (11) Derivatives are shown at market value using quoted prices where exchange traded, and prices from counterparties otherwise. Combined yields are calculated for assets with covering derivatives, whether inthe-money or out-of-the-money, in accordance with INSPRU 3.1.30R. The interest rates used in the valuation of liabilities are consistent with the yields on backing assets, reflecting covering derivatives if appropriate. In the calculation of the resilience capital requirement the derivative values and the yields on the combined assets are recalculated to reflect the market risk scenario being tested.
- (12) Changes in valuation methodology arising from the application of PS06/14 were made in 2006 and 2007. The following table states the effect on mathematical reserves of the changes made during each calendar year as at the end of the year. These values are the reduced amounts recognised each year, and are not cumulative. Note that the impacts on protection business relate to business that is no longer in Friends Life and Pensions Limited following the Part VII transfer to Friends Life Ltd.

	31/12/06	31/12/07
Allowance for lapses on valuation of protection business	-	£2.8m
Allowance for negative reserves on valuation of protection business	-	£4.2m
Allowance for lapses on valuation of unit-linked business	-	-
Allowance for negative reserves on valuation of unit-linked business	£26m	-

#### 5. Options and Guarantees

- (1) Guaranteed Annuity Rate Options
  - (a) Certain deferred annuities are valued as the greater of the present value of the annuity or, if appropriate, the alternative cash fund available at vesting for the purchase of an annuity, less the

present value of premiums for the same option where appropriate. It has been assumed that all contract plan types listed below have such a guarantee. It is assumed that 100% of the fund at retirement is taken in the form of an annuity if this option is more onerous than cash.

(b) A table showing details of the options is shown below:

Product	Basic	Outstanding	Guarantee	Guaranteed Rate (v)	Increments	Annuity	Retirement
Name	Reserve	Durations	Reserve		Allowed	Form	Ages
(i)	(ii) £m	(iii)	(iv) £m		(vi)	(vii)	(viii)
Former LMP unitised pension business	37.3	Up to 19 years	44.9	10%	No	Single Life; monthly in advance, guaranteed 5 years	60-75

The contracts included in the above table include Premier Retirement Plan, Group Secure Growth Plan, Compass Pension Plan, Total Pension Plan.

- (2) Guaranteed Surrender and unit-linked maturity values
  - (a) The basic reserve held for contracts with guaranteed surrender or maturity values is less than £10m.
- (3) Guaranteed Insurability Options
  - (a) There are no Guaranteed Insurability Options.
- (4) Other Guarantees and Options
  - (a) Transplan Section 32 policies must provide a benefit that is not less than the Guaranteed Minimum Pensions. A guarantee reserve of £8.9m has been set up in respect of a basic reserve of £33.4m. This has been calculated deterministically using low rates of future projection (2.5% to 3.5% p.a.) as an approximation to the stochastic value of the guarantee.
  - (b) A number of old series deposit administration contracts linked to the Secure Growth Fund provide for guaranteed interest rates to apply over the contractual term of the contract or an initial number of years. The interest rate guarantee is an overall average rate per annum over the term of the contract rather than applicable each year. The actual interest declarations made already are significantly in excess of the guaranteed rate and no specific provision was deemed necessary to fulfil any remaining guarantees. If the guarantees were to bite in future, the future interest declaration on the Secure Growth Fund as a whole could be reduced to cover this. Since the liability allows in full for future discretionary interest additions we have not deemed it necessary to increase the liability further to allow for the guarantees.

#### 6. Expense Reserves

(1) The aggregate amount, grossed up for tax where appropriate, arising during the twelve months after the valuation date from reserves made in the valuation to meet expenses in fulfilling contracts in force at the valuation date is £44.2m. The amounts arising from each of the implicit allowances, explicit allowances for investment expenses and explicit allowances for other maintenance expenses are shown in the table below.

Homogeneous Risk Group	Implicit Allowances £m	Explicit Allowance (Investment)	Explicit Allowances (Other) £m	Non-Attributable Expenses £m	Total £m
New Generation Pensions					
	0.0	11.0	11.9	12.8	35.7
All Expenses Attributable					
	0.0	2.6	5.9	0.0	8.5
Total					
	0.0	13.6	17.8	12.8	44.2

- (2) There are no implicit allowances for expenses.
- (3) The maintenance expenses in line 14 of Form 43 are £38.9m. Line 14 includes £8.4m in respect of expenses related to purchase of investments in linked funds. These expenses are charged for in the linked funds and therefore offset by equal reductions in the unit liability, so no additional reserves are held. The remaining difference from allowances arises from margins for adverse deviation.
- (4) The value of profits in respect of expected new business exceeds the expenses incurred. Therefore no additional reserve is required.
- (5) The cost of closure to new business has been estimated, allowing in particular for redundancy costs and the cost of vacating properties. This was less than margins expected to emerge from in-force business on a prudent basis. Hence no additional reserve was required.
- (6) Non-attributable expenses have only been calculated for unit-linked and UWP products. For each homogeneous risk group where the non-attributable expenses have been excluded from the sterling reserves calculation (or bonus reserve valuation for UWP), the resulting sterling reserve has been compared with a sterling reserve calculation combining the cashflows of all the policies in the homogeneous risk group and including the non-attributable expenses. As the sterling reserve based on the grouped cashflows is less than the sterling reserve calculated at policy level without non-attributable costs, no additional reserve is held for the non-attributable expenses.

#### 7. Mismatching Reserves

(1) The value of mathematical reserves (other than reserves for property-linked benefits) and deposits received from re-assurers, together with the value of assets matching those liabilities, are analysed below by reference to currency:

Currency	Value of Liabilities (£m)	Value of Assets (£m)
Sterling	2,274	2,391
Total	2,274	2,391

(2) As noted above, FLPL has no liabilities denominated in currencies other than sterling.

- (3) There are sufficient sterling assets to cover the sterling liabilities. Consequently no reserve for currency mismatching is considered necessary.
- (4) The most onerous of the scenarios specified by INSPRU 3.1.16R was:
  - a fall in the market value of equities of 10%;
  - a fall in real estate values of 20%; and
  - a rise in yields on all fixed interest securities of 0.50% p.a.
- (5) There is no territory outside the United Kingdom in which the market value of the assets held exceeds 2.5% of the long-term insurance assets (excluding those held to cover index-linked or property-linked liabilities). Accordingly, the same scenario as in (4) above has been used.

#### (6) Resilience

- (a) The amount of the resilience capital requirement is £0m.
- (b) The long term insurance liabilities decreased by £107.8m.
- (c) The value of the assets allocated to match these liabilities decreased by £98.1m from their value as shown in Form 13.
- (7) The nature and term of the assets matching liabilities is regularly reviewed to ensure continued appropriateness and no additional provision was required at the valuation date to ensure that the company could meet its obligations as they arise.

#### 8. Other Special Reserves

(1) During 2011, Friends Life Services Limited entered into an outsourcing arrangement with an external partner, Diligenta. The impact on FLPL will be some additional short term costs which will be offset by long term contractual expense savings resulting from the Diligenta deal. For reserving purposes, the net additional expenses provision at 31 December 2011was £22m.

#### 9. Reinsurance

- (1) No premiums for reinsurance ceded on a facultative basis were paid during 2011 to reinsurers who are not authorised to carry on insurance business in the United Kingdom.
- (2) (a), (b) & (c) The reinsurance treaties meeting the stated conditions are described in the table below, except as detailed here.
  - (d) The name of the reinsurer is quoted in the table on page 81.
  - (e) The nature and extent of cover is quoted in the table on page 81.
  - (f) The premiums paid in 2011 are quoted in the table on page 81.
  - (g) There were no deposit back arrangements.
  - (h) Availability to new business is quoted in the table on page 81.
  - (i) There are no undischarged obligations of the insurer.
  - (j) The mathematical reserves ceded under the treaty are quoted in the table on page 81.
  - (k) All treaties reinsure 100% of the covered business.

- (l) Baillie Gifford Life Limited and JPMorgan Life Limited are not authorised to carry on insurance business in the UK. Friends Life Limited and BlackRock are authorised to carry on insurance business in the UK.
- (m) Connections of any reinsurer to the Company are quoted in the table on page 81.
- (n) Apart from any reserves ceded internally, the mathematical reserves shown in the table on page 81 have been reduced by £13.9m to allow for credit risk.
- (o) None of the treaties are financing arrangements.

	9. Reassurance Treaty Information (Sections a,b,c,g,i,l,n,o and p covered above)								
(d) Reinsurer	(e) Nature and Extent of Cover Under the Treaty	(f) Premiums Payable £m	(h) New Business	(j) Mathematical Reserves £m	(k) Connected Company				
Baillie Gifford Life Limited	100% of Investment benefits under Baillie Gifford Unit Linked funds	17	Open	94	Not Connected				
JP Morgan Life Limited	100% of Investment benefits under JP Morgan Unit Linked funds	8	Open	44	Not Connected				
BlackRock	100% of Investment benefits under BlackRock Unit Linked funds	716	Open	4,022	Not Connected				
Schroder	100% of Investment benefits under Schroder Unit Linked funds	3	Open	15	Not Connected				
Friends Life Ltd	Non Linked Non Profit Deferred Annuity Business (LMP annuities Pre July 2001)	0	Closed	13	Parent Company				
	All investment benefits under Unitised With Profit funds	3	Open	124	Parent Company				
	All liabilities for benefits relating to the value of Property Fund units.	0	Open	463	Parent Company				

## 10. Reversionary Bonus

(1) The investment element of with-profits business is reinsured so there are no bonus series meeting the stated conditions.

#### RETURNS UNDER INTERIM PRUDENTIAL SOURCEBOOK FOR INSURERS

Information on With Profits Actuary as required by IPRU (INS) 9.36.

Friends Life and Pensions Limited

Financial year ended 31 December 2011

The Company has requested Mike Collins, the With Profits Actuary throughout 2011, to provide particulars specified in IPRU(INS) Rule 9.36 and the following details for the full year to 31 December 2011 have been furnished pursuant to that request.

(a) At 31st December 2011, the actuary had a direct interest in 100 ordinary shares of no nominal value in Resolution plc and 3,254 shares in the Share Incentive Plan. A further 6,300 ordinary shares in Resolution plc were held by the actuary's spouse.

He had no interest at any time during the year in any shares in, or debentures of, the Company or its subsidiaries.

- (b) During the year:-
  - (i) He had a sole pecuniary interest in three policies on his life administered by Friends Life and Pensions Limited (FLP), with premiums amounting to £19,578 paid and a combined final value at the end of the year of £55,994.
  - (ii) The actuary and his spouse had a pecuniary interest in one policy on their joint lives administered by Friends Life Limited (FLL). Annual premiums amounted to £316 and the sum assured at the end of the year was £32,000.
  - (iii) The actuary's spouse had a pecuniary interest in one single premium policy on her life administered by FLL. Income of £375 was received during the year and the policy value at the end of the year was £3,814.
- (c) The aggregate amount of remuneration and value of other benefits receivable by the With Profits Actuary (excluding pension contributions) was £151,287.
- (d) He is a member of the Friends Provident Pension Scheme, a UK defined benefit pension plan, which, during 2011, was a contributory scheme. During 2011 he took some of these benefits as cash and pension.

His other pecuniary benefits receivable are provided under the standard terms and conditions of the Group's permanent health insurance scheme.

# Directors' certificate required by rule 9.34 of the Accounts and Statements Rules Friends Life and Pensions Limited Financial year ended 31 December 2011

#### **Global Business**

#### We certify:

- 1. (a) that the return has been properly prepared in accordance with the requirements in IPRU(INS), GENPRU and INSPRU as modified by the waivers dated 10 June 2009 and 13 August 2009 issued under section 148 of the Financial Services and Markets Act 2000, details of which are contained in notes 1324 and 5702 respectively; and
  - (b) we are satisfied that:
    - (i) throughout the financial year in question, the insurer has complied in all material respects with the requirements of SYSC and PRIN as well as the provisions of IPRU(INS), GENPRU and INSPRU: and
    - (ii) it is reasonable to believe that the insurer has continued so to comply subsequently, and will continue to comply in future.
- 2. (a) that in our opinion, premiums for contracts entered into during the financial year and the resulting income earned are sufficient, under reasonable actuarial methods and assumptions, and taking into account the other financial resources of the insurer that are available for the purpose, to enable the insurer to meet its obligations in respect of those contracts and, in particular, to establish adequate mathematical reserves;
  - (b) that the sum of the mathematical reserves and the deposits received from reinsurers as shown in Form 14 constitute proper provision at the end of the financial year in question for the long-term insurance liabilities (including all liabilities arising from deposit back arrangements, but excluding other liabilities which had fallen due before the end of the financial year) including any increase in those liabilities arising from a distribution of surplus as a result of an actuarial investigation as at that date into the financial condition of the long-term insurance business;
  - (c) that we have, in preparing the return, taken and paid due regard to-
    - (i) advice in preparing the return from every actuary appointed by the insurer to perform the actuarial function in accordance with SUP 4.3.13R; and
    - (ii) advice in preparing the return from every actuary appointed by the insurer to perform the with-profits actuary function in accordance with SUP 4.3.16AR.

E.B. Bourke Director Signed by V. Hames on behalf of Friends Life Secretarial Services Limited

A.M. Parsons Director

20 March 2012

# Independent auditor's report to the directors pursuant to rule 9.35 of the Interim Prudential Sourcebook for Insurers

#### Friends Life and Pensions Limited

#### Global business

#### Financial year ended 31 December 2011

We have audited the following documents prepared by the insurer pursuant to the Accounts and Statements Rules set out in Part I and Part IV of Chapter 9 to IPRU(INS) the Interim Prudential Sourcebook for Insurers, GENPRU the General Prudential Sourcebook and INSPRU the Prudential Sourcebook for Insurers ("the Rules") made by the Financial Services Authority under section 138 of the Financial Services and Markets Act 2000:

- Forms 2, 3, 13 to 17, 40 to 45, 48, 58 and 60 (including the supplementary notes) ("the Forms");
- the statement required by IPRU(INS) rule 9.29 ("the statement"); and
- the valuation report required by IPRU(INS) rule 9.31(a) ("the valuation report").

We are not required to audit and do not express an opinion on:

- Forms 46, 47, 50 to 55 and 57 (including the supplementary notes);
- the statements required by IPRU(INS) rules 9.30 and 9.36; and
- the certificate required by IPRU(INS) rule 9.34(1).

This report is made solely to the insurer's directors, in accordance with IPRU(INS) rule 9.35. Our audit work has been undertaken so that we might state to the insurer's directors those matters we are required by the Rules to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the insurer for our audit work, for this report, or for the opinions we have formed.

#### Respective responsibilities of the insurer and its auditor

The insurer is responsible for the preparation of an annual return (including the Forms, the statement and the valuation report) under the provisions of the Rules. The requirements of the Rules have been modified by the directions issued under section 148 of the Act referred to in supplementary notes 1324 and 5702. Under IPRU(INS) rule 9.11 the Forms, the statement and the valuation report are required to be prepared in the manner specified by the Rules and to state fairly the information provided on the basis required by the Rules. The methods and assumptions determined by the insurer and used to perform the actuarial investigation as set out in the valuation report are required to reflect appropriately the requirements of INSPRU 1.2.

It is our responsibility to form an independent opinion as to whether the Forms, the statement and the valuation report meet these requirements, and to report our opinion to you. We also report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the Forms, the statement and the valuation report are not in agreement with the accounting records and returns; or
- we have not received all the information we require for our audit.

#### **Basis of opinion**

We conducted our work in accordance with Practice Note 20 'The audit of insurers in the United Kingdom (revised)' issued by the Auditing Practices Board. Our work included examination, on a test basis, of evidence relevant to the amounts and disclosures in the Forms, the statement and the valuation report. The evidence included that previously obtained by us relating to the audit of the financial statements of the insurer for the financial year on which we reported on 20 March 2012. It also included an assessment of the significant estimates and judgments made by the insurer in the preparation of the Forms, the statement and the valuation report.

We planned and performed our work so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the Forms, the statement and the valuation report are free from material misstatement, whether caused by fraud or other irregularity or error, and comply with IPRU(INS) rule 9.11.

In accordance with IPRU(INS) rule 9.35(1A), to the extent that any document, Form, statement, analysis or report to be examined under IPRU(INS) rule 9.35(1) contains amounts or information abstracted from the actuarial investigation performed pursuant to IPRU(INS) rule 9.4, we have obtained and paid due regard to advice from a suitably qualified actuary who is independent of the insurer.

#### **Opinion**

In our opinion:

- (a) the Forms, the statement and the valuation report fairly state the information provided on the basis required by the Rules as modified and have been properly prepared in accordance with the provisions of those Rules; and
- (b) the methods and assumptions determined by the insurer and used to perform the actuarial investigation as set out in the valuation report appropriately reflect the requirements of INSPRU 1.2.

Ernst & Young LLP Statutory Auditor London 20 March 2012