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IPRU INS 9.42 A Information		31 December 2009
INSURANCE GROUP CAPITAL ADEQUACY		
Name of reporting insurance firm	Friends Provident Life and Pensions Limited	
Name of ultimate EEA insurance parent undertaking	Friends Provident Holdings UK Limited	
Head office	Pixham End, Dorking, Surrey, England, RH4 1QA	
Principal activity	Long-term insurance business	
Total Group Capital Resources		£m 2,536
Total Group Capital Resources Requirement		1,513
Group surplus/(deficit)		1,023
IPRU (INS) 9.40 (1A)(a) reconciliation		
Per ultimate EEA insurance parent undertaking consolidated accounts: Equity attributable to equity holders of the parent Equity attributable to holders of Step-up Tier one Insurance Capital Securities Fund for future appropriations Subordinated liabilities		£m 3,230 483 274 165 4,152
Deductions and restrictions		
Deductions for inadmissible assets (largely intangibles)		(3,810)
Valuation differences between accounts and regulatory requirements (largely actuarial liabilities)		2,631
Restricted assets that cannot be readily transferred (on a regulatory basis)		(437)
Group capital resources		2,536
IPRU (INS) 9.40 (1A)(b) reconciliation		£m
Capital resources per Capital Statement (CS)		1,932
FPLP With-Profits Fund calculated on a regulatory basis for Group Capital purposes		1,136
Entities excluded from CS		(103)
Entities excluded from Group Capital		(5)
Restricted assets that cannot be readily transferred (on a regulatory basis)		(437)
Other inadmissible assets		13
Group capital resources		2,536

